



#### Welcome / Croeso

I am delighted that you are considering Cardiff High School as the next step in your educational journey. Our inclusive and supportive approach to school life ensures that all students settle very well, including those who choose to join us at this stage in their education.

Our sixth form enjoys a proud tradition of excellence in nurturing the achievement of all learners. The exceptional quality of learning and teaching, coupled with a culture of ambition, have been highlighted and praised by FSTYN.

We encourage our sixth form students to embrace all that Cardiff High has to offer, including the opportunity to lead and become involved, not only in extensive extra-curricular provision, but also in community projects within and beyond school. Our bespoke pastoral care, led by the Achievement Team, will ensure that high levels of support and guidance will be in place for the whole of your time in the sixth form.

Our ambitious and supportive ethos has led to outstanding success rates in terms of students securing their individual chosen pathway – this includes progress to employment and apprenticeships; a significant number of our students regularly secure places at Oxbridge and Russell Group Universities. Similarly, we enjoy a very high success rate in terms of applicants gaining places in the highly competitive fields of medicine, dentistry and veterinary science.

Our caring, inclusive environment, together with highly skilled, truly dedicated and well qualified staff, will offer you an enriching and fulfilling experience throughout your time in the sixth form.

#### **SMJONES**

Headteacher

#### Our Vision for Learning Ein Gweledigaeth am Ddysgu

Learning is at the heart of everything we do.

Our aspirations for you are exceptionally high and we will do everything we can to support you in your studies. Our students become ambitious, capable and creative members of society able to extend their learning beyond school and into their future careers and lives.

Our lessons engage every student in their learning and provide scope to ensure everyone is challenged; learning is sometimes difficult, and as such we emphasise the importance of knowledge and resilience in equal measure.

As you move into higher education and employment, what you learn and practise outside the classroom becomes even more important. We equip you with the skills necessary to learn independently. In particular, we pride ourselves on our feedback processes which, while recognising your strengths, will also help you take your learning forward.

The most important element of our teaching is the relationships we build with you, our students. Based on trust and mutual respect, we create a safe, happy, and supportive environment within which you can learn successfully.

Choosing to continue your studies into sixth form is a hugely important decision. Our philosophy, passion and commitment to developing you as a knowledgeable, aspirational and resilient learner will provide the very best foundation for the future steps in your learning journey.





#### Support and Wellbeing / Cefnogaeth a Lles

We recognise that the transition into sixth form is demanding. We aim to support you not only in adapting to the rigour of post 16 study but in becoming more independent and resilient in your own learning. You will begin each school day in the company of your form tutors, and also benefit from the robust and comprehensive pastoral care of the Achievement Team on a regular basis.

The following key aspects are in place to support your wellbeing:

- Extensive pastoral support for wellbeing and achievement
- A dedicated Achievement Team
- An induction programme for all students
- Welcome meetings for parents/ carers
- A unique 'Nurture Centre' to support your wellbeing
- A dedicated school counsellor for individual guidance and support

#### Sixth Form Achievement Team Tîm Cefnogi'r Chweched Dosbarth

The Achievement Team in the sixth form is led by the Head of Upper School who has overall responsibility for the achievement, pastoral care and welfare of students in Years 12 and 13. Achievement Leaders look after the day to day pastoral care and welfare of the students in their respective year groups. The Achievement Leaders are supported by an Assistant Achievement Leader, Wellbeing and Achievement Officer and UCAS co-ordinator. The team ensures the smooth transition of students into the Sixth Form whilst supporting and challenging students to reach and exceed their potential.

#### Post 16 Admissions Process Polisi Derbyn ôl 16

Students apply to the sixth form following the annual Open Evening. Cardiff High welcomes students from all schools. Being in catchment is not a requirement for sixth form admission.

External students will be required to send in a copy of their latest full school report. Reports will be reviewed on receipt and applicants will be notified of their application status via letter following this.

Following a successful application and fulfilment of entry requirements, enrolment takes place on GCSE results day. No commitment is made by the student or school until the enrolment details are finalised between both.

## Sixth Form Life Bywyd yn y Chweched Dosbarth

The large sixth form centre is the perfect base for you, our senior students. The entirely renovated centre affords you recreational and relaxation space as well as dedicated study facilities.

Within Tŷ Celyn you will find:

- Sixth Form Achievement Team
- The UCAS office
- Recreational seating and social areas
- A venue for guest presentations and speakers
- A centre for after school tuition and clubs
- A dedicated sixth form garden with allocated bike parking spaces
- An outdoor canopy with table tennis tables
- Vending machines

#### Use of Independent Study Defnydd o Astudiaeth Annibynnol

One key difference between Year 11 and Year 12 is the allocation of independent study periods on your timetable. During these periods, you are not required to be registered with a member of staff but should use the time to work towards your studies. All students joining the sixth form are issued with Chromebooks to allow for continued learning in study periods. To support independent study, this there is also a large, dedicated, quiet study space for sixth formers to work in.

#### Sixth Form Deli Deli Chweched Dosbarth

Students have a dedicated sixth form deli which can be used throughout the day for refreshments.

#### These include:

- Barista coffee service
- Luxury sandwiches and rolls
- Breakfasts
- Hot and cold meal deals



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### Opportunities / Cyfleoedd

#### Peer Mentorship

You will be given the opportunity to volunteer as a peer mentor. Peer mentors are assigned a mentee from years 7, 8 or 9 who they work with on a one-to-one basis for the year.

Responsibilities include offering advice on academic studies, friendship issues and organisational skills.

#### Sixth Form Ambassadors

You will be encouraged to apply to become part of the Senior Prefect Team. The Prefects represent the school at a large number of public events. They are the voice of the Sixth Form, representing the views of the student body to the Achievement and Leadership teams. The

Prefects also organise and run events for the sixth form.

There are opportunities for all students to volunteer to represent the school at public events such as parents' evenings and open evenings, acting as guides and advocates of the school.

#### Visits and Trips

You will have the opportunity to take part in a wide ranges of trips to broaden your experiences. Previous trips have included international visits to New York and Washington D.C., Iceland, CERN and the annual senior ski trip. UK based visits have included, Llangrannog, Houses of Parliament, West End theatre shows and the National Botanic Gardens of Wales.

#### **Clubs and Societies**

Our staff and students deliver a diverse range of clubs and societies to reflect your interests. These include a debate club and public speaking opportunities, Philosophy Café, History Club, Photography Club, Charity Committee, Chess Club and film and movie making clubs.

#### **STEM Opportunities**

We offer a wide range of opportunities for students interested in STEM subjects and/or pursuing a STEM subject at Higher Education. Opportunities have included STEM workshops, STEP masterclasses, tissue engineering workshop, attending genetic conferences, Physics Oxford Olympiad, 'Chemistry in a Suitcase', Cambridge Chemistry Challenge, UKMT individual and team maths challenges, Maths Olympiad, DT's Arkwright Engineering Scholarship and Engineering Education Scheme Wales.

#### Guest Speakers and Leadership Opportunities

As a school we will broaden your horizons and experiences by inviting in a range of guest speakers. These include student Israeli delegates, talks from health care professionals, lectures from leading academics and drama workshops run by professional actors and practitioners, to name but a few.





# OPPORTUNITIES.

#### Music and Drama

Cardiff High School enjoys an outstanding reputation for Music and Drama and offers extensive enrichment opportunities in these areas. These include the Senior Choir, Orchestra and the highly successful annual major school production, with casts of over 100 students, in which our sixth form play a leading role.

#### Sports

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Cardiff High offers a wide range of sporting opportunities for all students. Sixth formers play pivotal roles in securing sporting success at local and national level. Opportunities include senior football, rugby, netball, and hockey teams, cross-country, coaching opportunities, access to the newly created strength and conditioning unit and sports mixers run by the Prefect Team.



#### Destinations / Pen taith

We take pride in preparing you for the next step in your learning journey beyond school, be it applying to university, for apprenticeships or preparing for employment. Our dedicated and highly experienced UCAS team of personal tutors will work very closely with you to support your preparation for application and interview. This will also include specific guidance for early applications to Oxford and Cambridge Universities and Medical, Dental and Veterinary Science applicants.

We collaborate with the Careers Wales Service and Unifrog in a bid to support successful integration into the world of work for those choosing employment as their post sixth form pathway.

At Cardiff High you will find:

- A specific Oxford and Cambridge application support programme
- Links with the Welsh Government initiative the Seren Network
- A specific Medical, Dental and Veterinary Science support programme
- A programme of guest speakers from leading Russell Group Universities

- A UCAS guidance programme for all students from the summer of Year 12
- A mock interview programme in preparation for both university and employment

#### Seren

Cardiff High School is proud to be part of the Seren Network – a network designed to support Wales' highest achieving sixth formers in achieving their academic potential and gaining access to leading universities. Enrolment criteria is set by the Seren Network and is based on GCSE results.

#### **Getting Here**

The school is easily accessible by both bus and train.

The bus routes 28, 28a, 28b, 51 stop near the school. Please see Cardiff Bus website for up-to-date information.

The nearest train station is Heath High level which is served by the valley lines and Cardiff Central. This is a 5 minute walk away.

"It's truly incredible just how supportive my teachers have been throughout the whole process. They were ready to help me whenever I needed it. Applying to university has been made easy and I now have so much more confidence in my application than if I'd attempted it alone."

Maya, year 13

"The Oxbridge process can seem intimidating but the guidance from my teachers, especially with the wording of the Personal Statement, and the coaching for the interview, was very useful and helped me to a successful application."

Ben, Cambridge Student







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