



CARDIFF HIGH SCHOOL YSGOL UWCHRADD CAERDYDD

SUMMER NEWSLETTER 2023



Whilst the academic year 2022/2023 has presented a host of enormous challenges notably, around school finance, it has also been a year of so many memorable highs! Teachers and support staff at Cardiff High School have, once again, given so much in their determination to enrich the learning and experiences for our students. I am both very grateful for and hugely proud of my colleagues.

This was the biggest year we have ever had in terms of the number of exam entries, with very large numbers at GCSE and A Level presenting a significant organisational dilemma. It was, however, extremely pleasing to note how our students remained focused and hard working throughout the exam period.

Since the exams have finished, we have enjoyed two wonderful end of year celebration events both in and out of school with Years 11 and 13. We now look forward to results days— as I am confident that the hard work, coupled with excellent levels of preparation, will pay dividends.

In looking forward, there is no doubt that education in Wales faces significant turmoil but I remain optimistic that we are well placed to effectively manage issues at local, regional and national level.

As always I would like to take this opportunity to express my gratitude to everyone associated with the school for all their help, hard work and good wishes.

Enjoy the summer break and I look forward to seeing you all again in September.

S M JONES

Headteacher



'Old Boy' 2nd Lt. Alan Boswell: REDEDICATION CEREMONY HELD IN

Cardiff High has always been very proud of its World War One Memorial so it was with interest that the school found out that one of the 'old boys' had their grave rededicated. The grave of 2nd Lt. Boswell who was killed on 2nd October 1918 has been rededicated more than a hundred years after he died thanks to the work of the MOD's Joint Casualty and Compassionate Centre, also known as the 'MOD War Detectives'. This took place at Duhallow Advanced Dressing Station Cemetery near Ypres, Belgium on Wednesday 29th June 2022.

2nd Lt. Boswell attended Cardiff High School between 1901-07 before obtaining a degree in Chemistry. He was a very talented athlete and represented Wales in hockey and football, and his County at cricket and rugby.

Boswell served as a pilot and had a total of 81 flying hours by October 1918 when he went missing during a bombing raid near Menin, Belgium. It is suspected that he was shot down and buried by the Germans as an 'unnamed pilot' before his body was recovered in 1919 and moved to a British cemetery. He died at the age of 28.

The 'MOD War Detectives' were able to piece together from the available evidence enough information to be able to identify 2nd Lt. Boswell and have the grave marked with a new personalised headstone.

2nd Lt Boswell's great nephew, Russell Evans, attended the service on behalf of the family and was presented with a Memorial plaque from the school.



Historical Visit

We were delighted to receive a special visit in April of this year from Glenys Bichan who was visiting the UK from New Zealand.

Glenys is the great, great niece of Mary Collin, the first Headmistress of Cardiff High School. Glenys was keen to visit Cardiff High to learn more about her aunt and her many accomplishments. Mary Collin was an English teacher and campaigner for women's suffrage during the early 20th Century and she was the Chair of the Cardiff and District Women's Suffrage Society.

Glenys was able to tell us that as a family they had been told that Mary was the first woman to ride a bike in Cardiff and also received the Freedom of the City. Mary was close to her family, in particular Frank Collin, Glenys' grandfather and as a result of Mary's generosity, Frank was funded his move to New Zealand from the UK. Frank adored his aunt and her 'mana' (standing and respect in Maori) in Glenys' family is understandable with children in their family named after her.

Upon her retirement, Mary Collin was gifted a platinum and diamond watch with a gold strap as per the photograph, which has been passed down to Glenys' brother and which in turn will pass to her niece.

Glenys herself is involved in education in New Zealand, as an archivist and library manager at a local high school. She also has a keen interest in hockey just like her aunt as can be seen from the photograph dated back to 1910. Glenys was delighted to view our school history timeline in our reception so much so that the Principal in her school has plans to do the same! Following her visit to the school, Glenys visited The Parade which housed the original Cardiff High School for Girls, followed by St Fagans and she was thrilled to view an original painting of Mary Collin that they have on display.

It was a pleasure to meet Glenys and to receive and share information about her inspiring aunt.





Auschwitz Blog

Written by Emma Solomons 13K

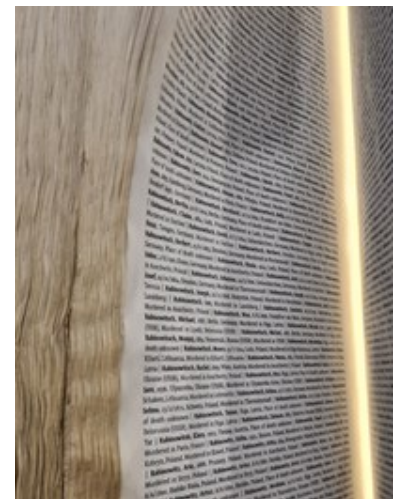
During February and March, I took part in the “Lessons For Auschwitz” project organised by the Holocaust Educational Trust, involving seminars as well as a visit to the concentration camps of Auschwitz and Birkenau. This resonated with me as I share the same faith of the 6 million Jewish people who died in the Holocaust. To put this into perspective, that is twice the Welsh population who died due to their religion. But these numbers don’t commemorate every single life and it is very hard to put that number into any sense. It’s so important that we think about individual lives against the main aim of the holocaust which was to dehumanise them.



Before visiting the concentration camps, we went to the town of Oświęcim, which is the name of the town in Poland that was renamed to ‘Auschwitz’ when the Nazis invaded the country in 1939. Jews made up 58% of the population in this town and lived alongside the non-Jewish population as one would today. They supported each other's religions and, although there were some aspects of anti-Semitism, lived mostly in harmony, which makes it even more shocking of what we saw during the trip.

The visit to Auschwitz-Birkenau is something I will never forget. We began at Auschwitz which you may recognise from the “arbeit macht frei” sign meaning “work sets you free.” This was one of the first things we saw when entering the camp and instantly set the dark tone. The camp was formerly a Polish Army barracks, made up of brick huts which was where the Jewish prisoners would sleep, that’s if they managed to. Many of these huts have now been made into museum sites, to view things from these structures. One poignant thing which stood out for me was the gas canisters. These were the canisters that were used when killing the Jewish people in the gas chambers, when they thought they were just going for a shower. Right next to the gas chamber was the SS bar, where the Nazi soldiers would go for a drink after a “long day” right next to where they were murdering innocent lives. That specific detail will forever remain in my mind.

When in the museum, one of the rooms displayed a huge book, containing 4 million names of those who had died in the holocaust but there are still 2 million Jewish people whose names remain unfound. This really showed the individuality of the people, who should be remembered, as a name, not a statistic. When I had my Bat Mitzvah (coming-of-age ritual in Judaism), I paired it with a young girl who perished during the Holocaust before she was able to have her own Bat Mitzvah. Having this connection to her made the Book of Names extremely meaningful for me.





The visit of Birkenau was next, which was also an incredibly insightful experience. Here, we viewed the living conditions of the Jewish prisoners once again showing the harsh realities of their lives. The prisoners had to work and if they were unable to, they would get murdered. Squashing six into one bed, in triple bunk beds, was just one element of these horrendous conditions. Also, having to go to the toilet back to back and having 10 seconds to go with no toilet paper is again very horrifying. This examples the dehumanisation these people were facing. A story that we were told whilst there was that when someone found diamonds they exchanged them for a bowl of soup and some salt. When they received the soup, they passed it round to the other prisoners, showing even though they were so desperate for food their generosity rose above. The resilience of the prisoners to carry on despite being starving and cold and living in these horrendous conditions is something we should all take a lesson from.



In the follow-up seminar, we heard from Manfred Goldberg BEM who is a holocaust survivor from the Struthof concentration camp, located in Germany. His mother and he managed to survive the Holocaust but he lost both his father and younger brother. Some of the images which he painted once again emphasised just how painful the experience must have been for an 11 year old boy to see. Yet, Manfred continues to share his story, inspiring young people all over the UK. As the first generation holocaust survivors are few and becoming less, it is crucial that we take lessons from people like Manfred as we have the privilege to hear from them. Manfred made reference to the distorted representation of the Holocaust which is presented by social media and how it is so important to accurately research to gain an understanding.

Whilst we were on the trip, one of the things which we were constantly reminded about is that although we were extremely cold, how must the prisoners have felt, in thin clothes, starving and having to work day in day out, not knowing when their life would end - but certain that it was inevitable. In today's society, there is increasing anti-Semitism and more broadly, racism within. Unlike those during the Holocaust who looked on and let this happen, we must stand against these prejudices and all forms of discrimination because if we don't do it, who will?

"Never Again."



SIXTH FORM: AMBITION AND CAREER FOCUS

External Speakers: Careers

We have welcomed a large number of external speakers into school over the last two terms to deliver talks and workshops to our KS4 & 5 students. Talks have been from a range of areas including:

South Wales Police

Architecture

Welsh Water apprenticeships

Government Social Research. Thank you to one of our parents, Mrs Roisin Jones, for delivering this!

Network 75 – Degree Apprenticeships

Wilmott Dixon Construction

TV and Film production

Renishaw- precision engineering

Clinical Psychology

These provided our learners with an insight into these careers and the broad range of jobs that they can enter within these fields. Students were able to ask questions during these sessions and had

Careers Workshops

A Civil Engineering workshop giving students an insight to university courses and careers in this specialised field, was held in March. Both Year 10 and 12 students attended. Students were able to undertake some problem-solving activities to further enhance their understanding. The students enjoyed the session despite becoming frustrated with collapsing bridges and toppling towers! Thank you to the Institution of Civil Engineers' Early Careers Committee for organising and delivering the session.

The Cardiff & Vale University Health Board Perioperative Team have also delivered two sessions, one with Year 12 and a second with Year 11, for students interested in a career in the medical field. This workshop provided students the opportunity to wear gowns, use operating

equipment, take blood pressure readings and oxygen levels, and to insert a breathing tube. The role of a perioperative team member was discussed and pathways into this occupation were delivered.





University of South Wales Taster Week and Medical Taster Day

University of
South Wales
Prifysgol
De Cymru

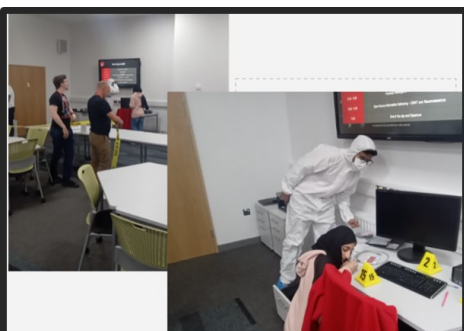
This year we have again continued our successful partnership with the USW to allow our students to attend different taster sessions for a range of courses at the university. These provided students with an insight to how courses are delivered at university and the different approaches used in delivering the information. They have also gained experience and skills within subject areas of interest to them which will support them in their UCAS and job applications. Sessions included:

Sociology and Public Services
Engineering
Business and Law
Forensic and Policing
Sport
Cyber Security
Medical Taster Day

Students were able to dissect the characteristics of leadership, build rockets, undertake a mock trial, be part of a crisis response team when dealing with a violent crime, undertake medical procedures using state of the art dummies and equipment on mini hospital wards set up in the university. In the cyber security session, students looked at careers in cybersecurity and why it is more important than ever to have experts to defend people's data and privacy. They took part in a mock digital crime scene investigation, looking for what might be important clues or passwords hidden on hard drives, memory sticks or bits of paper around the computer. They were able to spend time in a computer lab using digital forensics software to investigate a Cluedo style murder mystery, and looked at the tools used by professionals when performing penetration tests of company networks. The students who attended also got a taste of university life and experienced



life on campus. Thank you once again to the team at USW for being so accommodating and supportive of our students.



In addition to these experiences, we also ran a bespoke session for our prospective medical students entitled "**Healthcare Patient Journey**" which was run in collaboration the Cardiff & Vale University Health Board People Resourcing Team and Goggleminds. Medical students were able to undertake a carousel of activities including VR Anatomy (Goggleminds), use major trauma equipment and surgical instrumentation and finally

manage the airway and physiological monitoring. Thank you to Adrian Cole, Careers Wales, for organising this session and our careers talks this year.



UCAS Exhibition

Year 12 students attended the annual UCAS Discovery Event which was held at the ICC Newport in April. This event allowed students to interact with a wide range of universities where they had the opportunity to chat with students and university representatives about life and courses at different institutions. There was also the opportunity to attend talks on applying to university. All took the opportunity to collect as many freebies as possible!



Step Up to Oxford – Year 11

Year 11 students, once again, visited New College Oxford as part of the Step Up to Oxford programme which we are fortunate to be a part of again this academic year. Students were able to speak with a course tutor and experience the feel of life as an Oxford student.

New College Oxford Book Review

Students on the Step Up to Oxford programme, across all schools involved, were invited to enter the New College Book Review Competition. I am pleased to announce that Lucy Hobson Year 12 won the competition with her review of "The Articulate Mammal" by Jean Aitchison. She received fifteen books for the school library – superb wider reading for students wishing to embark on Oxbridge studies in the future. Charlie Rawlinson Year 12 received a Certificate of Recognition for submitting a review of distinction to the New College Book Review Competition. He received a book on material sciences for the school library. Congratulations to you both!





J. P. Marusza Cup

A big congratulations goes to Maryam Mohamed who is this year's recipient of the J. P. Marusza Cup. Mr John Marusza was Head of Upper School for over 20 years and is remembered with great affection for his commitment and dedication to the students of the school as well his positive outlook on life and his sense of humour. This award is given to a student who is cheerful and has used his or her best efforts to persevere, and who reflects those qualities of good humour and positivity. Maryam's positive and tenacious attitude along with her commitment to the sixth form community made her a deserved winner. Well done, Maryam!



Farewell Year 13!

Finally, we were all able to provide Year 13 with an excellent send off in their Leavers' Assembly. Students went all out to dress in fancy dress making the event a memorable occasion for all. Students expressed heartfelt gratitude to Mrs Olsen, who has led the year group for seven years, form tutors and other staff during the assembly. A big thank you goes to the Prefect Team for organising a fabulous assembly. We wish all our Year 13s success on their chosen pathway.





NETBALL NEWS

Following successful qualification rounds earlier in the season we had 3 teams representing our school at this year's Cardiff & the Vale Netball finals in CardiffMet.



Year 11 reached the County Finals and despite injury and unavailability they pulled together to produce an excellent squad performance. There were some close fought matches on court, but results just weren't to be. The Year 11 team finished 4th in the County, and we are very proud of them. Congratulations to Loulou who was player of



It was a wonderful first year for Year 7 netball with over 50 pupils attending training throughout the week in black & red squad sessions. All pupils represented the school throughout the Year in various A, B, C and D team matches against schools from across Cardiff. Our A team had a particularly successful year losing just one friendly match, and qualifying for the County Finals. They played an amazing tournament, beating Bro Edern and Corpus with spectacular team efforts. They finished 2nd in the county, after narrowly losing to Glantaf, and should be incredibly proud of themselves as a team.



The Senior netball squad finished a very successful season by being crowned County champions 2023. Just a few weeks previously the squad had travelled to Bangor for the President's Cup National Finals, producing some excellent netball to secure 4th place in Wales which is an outstanding achievement. It has been a pleasure to work with these players which for some has been over the past 7 years for some. We say farewell to our Year 13 squad members and thank them for their commitment and hard work.



PE DEPARTMENT



NETBALL PGL WEEKEND



At the end of March, Year 9, 10 and 11 went to Liddington for the weekend on a PGL netball trip. The girls had a fantastic time and had the opportunity to enjoy a variety of outdoor adventurous and indoor activities with the 'giant swing' and the 'silent disco' being a highlight for many. They also played in some very competitive matches, Year 10 and 11 both finished their tournament in a very commendable 3rd place with our Year 9 A squad thoroughly deserving and taking the win for their age group. There was some fantastic netball displayed and the girls were an absolute credit to take away and represent the school.



PLAY YOUR WAY TO WIMBLEDON



The summer term saw us hold our annual "Play Your Way to Wimbledon" competition. Number of entries were excellent, with players ranging from novice players in their first competitive environment through to experienced school and club players. The sun shone on the tournament all day with some lovely tennis being played and some closely contested battles on court. Our school winners progress on to the county round of the tournament, congratulations to Darcey Howlett Year 8 and Shuaib Mughal Year 8.



HOCKEY NEWS

Year 7 Hockey

Year 7 hockey players had a really successful year. With over 40 pupils consistently attending hockey training on a weekly basis, it has been wonderful to see both the interest and progression in pupils' hockey skills and understanding. Pupils experienced lots of friendly matches throughout the year, with both our A and B teams qualifying for the County Final. The B's faced a tough Glantaf side and finished 2nd in the county overall, which they should be really proud of. The A team put in a fantastic performance against a strong Glantaf but narrowly lost 2-1, also finishing 2nd in the county overall. There is huge hockey potential within Year 7 and it will be exciting to see them battle for the County Championship again next year.



Year 8 B Hockey

The Year 8 B team qualified for the finals following an emphatic victory v Cowbridge in terrible weather conditions. They faced Glantaf in the final and were crowned champions after a thrilling 3:2 win. Goals by Jyotsna and Lois secured the win with opposition player going to Anna, and coach's player to Lily.

Year 10 Hockey

Year 10 have showed incredible commitment to hockey training throughout the year. We were lucky to have access to Cardiff Met's pitch and coaches, which saw a number of girls really progress in their hockey development. They drew a tough pool in the qualifying stages but were able to qualify for the semi-finals where they would face a tough Bro Morgannwg side. After putting on their performance of the year, the match was tied and would come down to shuffles for the decider. Those who bravely took the shuffles did so with intent, but a huge mention must go to our own goal keeper, Amelia, who was absolutely dominant in her shuffle battles. The County Finals vs Glantaf was sadly just one battle too far, but the team finished 2nd in the county overall and should be thrilled with their progress and achievements this year.





CRICKET NEWS

GIRLS CRICKET FESTIVAL

The U13 girls' cricket team travelled to the Cardiff & the Vale Cricket Festival held at Radyr CC. It was the first outing as a team and the squad showed tremendous team spirit and some outstanding cricketing skills. The team beat Glantaf, Christ College Brecon and Cathays to qualify for the final on 21st June.



ATHLETICS BOYS NEWS

The athletics season so far has again been extremely successful for both individuals and teams. The Year 10/11 Middle and Senior Championships were held at Leckwith with Harry Lovett (200m) and Jonno Mellor (Pole Vault) winning, along with George Gow (400m H) now representing Cardiff and Vale in the Welsh School's Championships in July. Our congratulations also go to Seb Anstead (Shot Put) who will compete for the Senior team.



The Year 8/9 boys' Junior team performed superbly at the Cardiff and Vale Junior Championships. They were 4 county champions – Charlie Richards (Triple Jump), Harry Morris (High Jump), Lloyd Davies (1500m walk) and Finlay Burns (800m), alongside, Stanley Mitchell (1500m walk), Harry Paul (Pole Vault) and Jack Vaughan (4x100m relay). They will represent Cardiff and Vale at the Welsh Schools' Championships.

LONDON MINI MARATHON

Both Finlay Burns and Lucas Howard Machado (Year 7) represented Wales in the London Mini Marathon over a 2.6km course. Finlay finishing 6th and Lucas 15th against boys from all over the UK.





RUGBY NEWS

Boys Rosslyn Park 7s

Fantastic performances were given by our Senior & Y9 Boys at Rosslyn Park 7s in London. Both teams won matches against quality opposition in tough weather conditions.



Senior Boys URDD Sevens

Senior boys made it out of their group at the Urdd Sevens this year. Performances were outstanding but narrowly they lost to Welsh Cup winners Ysgol Gyfun Y Strade in the knockout stages.

Senior Rugby - Jones / Charles Cup

A brilliant way to finish an outstanding season for our Senior team with a win vs Llanishen High for the Jones/Charles Cup, which is an annual fixture played in honour of two long-serving PE teachers.



Year 8 Boys Cardiff Cup

Year 8 Boys have been fantastic all year. They've played some brilliant rugby and pushed through to the quarter finals of the Welsh Cup, narrowly losing to Calon Cymru. However, they finished their season with some silverware beating Bro Edern in the final of the Cardiff Cup.



RUGBY NEWS

Wheelchair Rugby

Over 90 pupils were offered the opportunity to play Wheelchair Rugby at school in April, a first for Cardiff High. Everyone thoroughly enjoyed the experience and are excited by potentially having a further opportunity in the future.



Girls Rugby – Rosslyn Park 7s & URDD 7s

Year 10 and 11 girls have been unlucky with the weather this year at Rosslyn Park 7s and the Urdd 7s. However, the pupils have played some fantastic rugby all year and have made huge improvements to their game.



Josh Davies – Cardiff Schools U15s Dewar Shield

Congratulations to Year 10 pupil Josh Davies who has been our representative at Cardiff Schools U15s this season.

FOOTBALL SUCCESS

Year 7 Girls Football

It's been wonderful to see the volume of girls attending football training this year, and from all levels of ability and experience. Year 7 have had a wealth of playing experience within their league against schools such as Llanishen, Glantaf, Bro Ederm and Bishop of Llandaff, and the B team qualified for the county semi-finals, with the A team narrowly missing out from qualification. The B team put in a fantastic performance vs Stanwell to reach the final, where they faced a tough Whitchurch opposition. They finished 2nd in the county after a really hard fought final and should be really proud of their performances all year.





FOOTBALL SUCCESS

Year 9 Plate final

Congratulations to Year 9 who have been crowned the first winners of the Year 9 Plate competition! The boys played out a 1-1 draw with Pencoedtre, with Alfie James scoring for CHS. The game was decided by penalties with Harry Morris, the hero, making several stops, to secure the trophy! Umar Khan lifted the trophy to begin the celebrations. These are a fantastic group of pupils who have really developed as a team this year and only lost narrowly to



Senior football

Our senior football team are the CVSFA champions for the 4th time in 6 years! An undefeated league campaign meant they topped the league and played Barry 6th Form in the semi-final stage of the playoffs, who they defeated 5-0. They then came up against reigning champions, Whitchurch, in the final. A well worked goal was finished off by James Evans to give CHS the lead. The game was turned on its head when CHS were reduced to 10 men with 30 minutes to play. They held on valiantly but conceded an injury time equaliser. The game would be settled by penalties. Goalkeeper Matthew Evans again produced heroics to save a penalty, with Elis James powering home the decisive penalty. Champions!



The team were chasing a cup double, and looking to retain the Welsh Schools' Cup that was won last summer. National stage round wins against St Joesph's (Newport), Y Pant and Dinas Bran meant the team became the first team in CHS history to reach consecutive national finals. After falling behind in the opening minutes, captain Aaron Baxter scored a brilliant goal to level the match and it seemed that CHS would go on to win the game.

Unfortunately, they couldn't convert their chances and Olchfa scored to go back in front. The game ended in defeat, but the boys could reflect on an outstanding season.

Farewell to the Year 13 pupils who played their last game for CHS, your legacy will live on. 2 years, 2 national finals, 1 national championship, 1 CVSFA cup and just 2 defeats.





PE DEPARTMENT



BASKETBALL CHAMPIONS

Year 10 Welsh Basketball Champions:

It has been another successful year for our Year 10 Basketball team who went onto win the Welsh Championship. Before making the national round, they competed and won the Cardiff District Cup, before playing in the South East Welsh District Cup



beating local rivals Whitmore to qualify for the Welsh Championships in Bangor. Notable performances from Finn Griffiths, Sam Lewis-Babb, Will and Jack Bamborough led the team to the national final where we faced Bishop Gore High School of Swansea. The boys won the final 44-22 in a dominant display. Congratulations to Issac Earnshaw-Wilson, Dylan Evans, Alex Morgan, Yusuf Bari on competing in the finals. Also, a well done to Oliver Roberts, Charlie Payne, Abhimanya Sinha, Rayyan Malik, and Jayden Sullivan for featuring throughout the season.



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DANCE CLUB NEWS

The KS3 dance club train for 45 minutes a week and have been a very committed and talented group of girls who have been a delight to work with. They have made great friendships through this dance club and have made Miss Foreman and the whole school very proud with their achievements. In January, the girls performed in the Rubicon Dance Schools Festival at St David's Hall and their performance was received well by the audience. The girls then reviewed their performance and worked even harder in readiness for their big competition. In February, they represented Cardiff High School in the South-West regional heat for the Great Big Dance Off; they were also the only Welsh team therefore represented Wales too! Out of many teams, our girls placed a fantastic 3rd place - narrowly missing out on the next round by only 3 points! Da iawn, girls! Let's see what next year brings!





Carol Service at St Martin's Church, December 2022

As the autumn term drew to a close it was good to be back at St Martin's Church, Albany Road, for the annual whole school Carol Service. The evening showcases the stylish performance of all our Choirs and Orchestras. St Martin's has a fantastic acoustic and the experience of rehearsing and performing in this huge venue is always a highlight of the term. The soloist James Pugh began the evening in the traditional singing of 'Once in Royal David's City' and the evening was full of favourite carols and readings. We are very grateful to Fr Irving Hamer and the members of the church for such a warm welcome and also to the CHS Estates Team who assisted with transporting hundreds of additional chairs and music equipment to the church.



Ronald McDonald Charity Carol Service

The Junior Boys Choir were delighted to have a train trip into Cardiff City Centre at the start of December in order to perform at the Ronald McDonald House Foundation charity carol service. St John's Church on the Hayes was full to capacity for the event which raised the roof as well as raising several thousand pounds for the charity. The boys did us proud.



St David's Hall Cluster Choirs

No sooner than the curtain had fallen on the production of the Senior Musical, we were back in action preparing for a Showcase Performance at St David's Hall, Cardiff. The CHS Year 8&9 choir took part in the County Music Service Spring Showcase joining a massed choir of over 200 singers at the National Concert Hall of Wales. The sound of this huge chorus was breath-taking and it was also a pleasure to perform jointly with the County Youth Brass Band in the finale of the concert. Many thanks to the Music Service for such a positive experience and to our Brass Teacher Mr Maynard for the invitation to sing alongside his excellent Brass Band.





West Side Story

The Shakespearian tragedy of Romeo and Juliette is the basis of the hit musical 'West Side Story' which we staged in February this year. With lyrics by Stephen Sondheim and music by Leonard Bernstein, there can be few shows which take in such a roller coaster of emotions. The cast, crew and orchestra of this Senior Production captivated audiences on four successive evenings with the tale of two opposing gangs; the Jets and the Sharks. Interpreting such sophisticated and demanding musical theatre requires quite some commitment from students and staff alike and the months of daily rehearsals really paid off in the utterly breath-taking performances. Tony [Ben Page] and Maria [Magdalena Lacey Hughes with Understudy Lilly Hicks] shone in their roles tackling both the challenging music and subtlety of characterisation with ease. James Condon's versatility in the role of Riff was matched by the tenacious Maria played by Sophie Edwards [with understudy Nia Abraham Love] and Elliot Wigham as Action who starred in the hilarious Gee Officer Krupke. With hit songs such as 'Tonight', 'Maria' and 'Somewhere' and magnificent choreography, this was a production we'll remember for a long time.



We were also thrilled to have a visit from Greg Sadler, former student who played Tony in the 1975 production at Cardiff High.

"The entire performance was nothing short of awesome and I was blown away by the professionalism of the production. The singing was stellar, the music, acting, set design, and sound were all fantastic. What a lovely crowd of young people, all with very bright futures ahead."



Band Night 2023

A great aspect of music making this year has been the number of school bands meeting to rehearse and perform regularly. These groups are all student led and, having invested in additional amps and drum kits. The music department is the perfect location for these groups to meet, to compose and to learn new music. Our first Band Night went with a real bang. The earlier start time was designed to encourage students to stay on at the end of the school for the gig and the number who enjoyed the performances far exceeded our expectations. We look forward to making these events a permanent fixture in the calendar next year.



Rotary Young Musician Regional Finals

We were very proud of Bohan Jin [Year 9] and Susannah Rance [Year 12] who represented CHS at this prestigious solo performance competition. Both Bohan and Susie gave exceptional performances on piano which were very well received. Opportunities to stretch ourselves as solo performers are invaluable experiences and Miss Edge was delighted to be in the audience to support and cheer on our expert pianists. We look forward to the return of CHS Young Musician of the Year next year also!



CARDIFF HIGH SCHOOL PRESENTS...

DISNEY'S THE LION KING JR.

MONDAY 10TH & WEDNESDAY 12TH JULY 2023
NEUADD CELYN, 6PM

Summer Music Showcase and the Musical: Lion King Junior

The Music Department has been a busy place in the last two months as we have auditioned and prepared for the Summer Music Showcase which this year has included a performance of Lion King Junior. Within a window of two months we have progressed from auditions to staged performances with a cast of over 140 performers. This experience has been a real enjoyable challenge and the commitment and focus of the performers has been outstanding. What a pleasure it was to see Neuadd Celyn sold out for two evenings. The first half included a performance from our newest Year 7 Band who meet to rehearse after school several times a week. The orchestras presented a film inspired programme. Year 7 orchestra played the iconic 'Eye of the Tiger' from Rocky III, whilst the Year 8&9 Orchestra presented the heroic theme from the 'Indiana Jones' films. Our Year 7 choir and the Junior Boys Choir sang spirited performances of the calypso 'Dansi na Kuimba' and 'Any Dream Will do' and the Piano Circus gave a special digital performance. The whole evening was a wonderful showcase of the amazing achievements of the lower school musicians. Special thanks goes to the dedicated team of 6th Form students who helped with stage management, lighting and sound for the event and to Mrs Hilary Price and her team of set designers for creating such a striking backdrop for the stage.

Farewell to Mrs Griffiths and Mr Miles

This summer term we will be saying a fond farewell to Mr Miles and Mrs Griffiths who leave Cardiff High School after many years of dedicated service. They are both very familiar faces at school and they have enriched the experiences of students immeasurably. Mr Miles has been Head of Drama at Cardiff High School where his dedication to his subject and classes has been matched only by the countless school productions which he has directed. It has been the pleasure of so many students to collaborate with Mr Miles in many ambitious productions including 'West Side Story', 'Les Miserables', 'Miss Saigon', 'Phantom of the Opera' and many more! Mrs Griffiths has also been an integral part of our productions and music concerts for nearly 20 years having directed many of the school choirs. Her eye for detail and choreography has elevated many aspects of our School Shows and we've also benefitted from her contribution as Assistant Director many times in our productions.

We wish them both well as they leave Cardiff High School and the music staff would like to record their personal thanks to both Mr Miles and Mrs Griffiths for such dedicated service to Drama and Music.





Eisteddfod ysgol

The school Eisteddfod was a very successful day. The eventual winners were 7S and 8J. Their form tutors were very proud. Fatima Hirshy was a star in Year 7 winning numerous off stage competitions. The fun was obvious to all as the students enjoyed singing, reciting, speed bouncing, playing their instruments and much more. Much of the work had been completed before the day as students had prepared their off stage entries. Their winning works are displayed all around the school on various display boards. Llongyfarchiadau i bawb a fu wrthi yn helpu ond yn enwedig i Ms Hill am drefnu'r dydd. Braff oedd gweld y plant a'r athrawon yn mwynhau wrth gefnogi llwyddiannau ei gilydd. Here are a selection of entries in various competitions.



Welsh department on tour

July will be a busy month as we will be heading to Llangrannog with over 200 students from Year 7. We are looking forward to returning to lovely West Wales and participating in a variety of activities. Please follow @CymraegCHS on Twitter to see the fun and happy smiles.

Urdd Eisteddfod

Da iawn i Susie Rance Year 12 for winning the prestigious Carys Lewis Jones memorial award in the Urdd Eisteddfod at Llandovery . She was presented her trophy by Tudur Dylan Jones who is a chaired poet at the National Eisteddfod. The prize is awarded for the best piece of writing in Year 12 and 13. Sophia Malekin won the Year 10/11 competition with Gazala Khan second. Leila Malekin came 3rd in the Year 8 and 9 competition. Amelia Dunscombe won the Year 7 competition whilst Ania Haddad came second.



Y Pethau Bach gan Amelia

Mae'n nos lau a rydyn ni'n ymgynnull o gwmpas y bwrdd bwyd. Dim ond un syniad sydd yn ein meddyliau. Pwy sy'n mynd i ennill y gêm heno? Eistedd i lawr, rydyn ni'n dewis ein cymeriadau ac yn dechrau chwarae. Beth ydy'r gêm? Ie, Cluedo.

Mae pedwar chwaraewr, pob un yn aelod o fy nheulu: fi (Amelia), fy chwaer (Hannah), fy mam a fy nhad. Mae pawb yn cael syniadau gwahanol am ennill.

Dw i'n mwynhau y gêm a dw i'n helpu fy chwaer, pan mae hi angen . Dw i'n ymlaciedig a dw i ddim yn cymryd pethau o ddifrif - yn wahanol i fy nheulu. Ac os dw i'n ennill, dw i'n dathlu gan dawnsio a chwerthin!

Mae fy nhad fodd bynnag yn gwerthfawrogi gwario amser gyda ni. Mae e'n hapus pan fydd pawb yn cael profiad cofiadwy - ond pan mae e'n ennill, mae e'n gor hyderus ac yn boen!

Mae fy chwaer Hannah yn llawer mwy emosiynol ac anghyson. Mae hi'n gwneud penderfyniadau yn rhy gyflym a weithiau mae'n achosi problemau. Mae hi'n gystadleuol iawn a mae hi eisiau ennill ar bob pris ac yn gwneud ni yn genfigennus o'i hyfdrda

Mae fy mam yn gweithio fel newyddiadurwr. Os ydych chi erioed wedi chwarae Cluedo, byddwch yn gwybod mae'n syniad da i ysgrifennu llawer o nodiadau. Mae fy mam yn mynd i lefel arall! Mae hi mor benderfynol i ennill, mae hi'n ysgrifennu tudalennau o nodiadau a mae hi'n eu cuddio oddi wrthym ni.

Er gwaethaf ein strategaethau a'n safbwyntiau gwahanol, rydyn ni'n mwynhau chwarae gyda'n gilydd. Mae pawb yn cytuno bod peth bach fel ennill gêm yn gallu gwneud eich diwrnod yn teimlo mor hudolus.



Sophia Malekin
9 Ty Draw Place
Penylan
Caerdydd
16/02/23

Urdd Gobaith Cymru
Camp Llangrannog
Ceredigion
SA44 6AE

Annwyl Syr/ Madam,

Sophia ydw i ac dw i'n ysgrifennu atoch chi achos hoffwn i fod yn swog yn Llangrannog. I fod yn onest, yr Urdd ydy'r peth gorau am Gymru. Gobeithio, bydda i'n gwirfoddoli yn Llangrannog bob dydd yn yr haf.

Yn fy marn i, mae llawer o sgiliau gyda fi. Dw i wrth fy modd gyda helpu pobl, yn enwedig pobl ifanc. Dw i'n credu mae'n bwysig iawn i arfogi pobl ifanc gyda chyfleusterau i wneud gweithgareddau a chyfle i gwrrdd gyda phobl newydd sy'n siarad Cymraeg. Hefyd, dw i wrth fy modd gyda'r awyr agored, felly baswn i'n cael llawer o hwyl yn Llangrannog gyda phawb.

Dw i wedi gwirfoddoli mewn siop elusen. Roeddwn i'n dysgu sut i weithio ar y til ac yn y siop gyda'r cwsmeriaid. Felly, dw i'n gallu dysgu sgiliau newydd- dim problem. Basai'n braf i dreulio fwy o amser gyda phobl ifanc. Dw i'n gallu siarad llawer o Gymraeg, ac yn fy marn i'r iaith ydy calon Cymru.

Pan fydda i'n Llangrannog, gallwn i addysgu pobl ifanc am hanes Cymru. Dw i wrth fy modd gyda hanes Cymru, a dylai pobl ifanc dysgu am eu diwylliant. Mae diwylliant Cymru yn fywiog a diddorol dros ben. Does dim digon o addysgu am ddiwylliant Cymru yn yr ysgolion, felly dw i'n meddwl mae'n bwysig i addysgu pobl yn Llangrannog. Gallen nhw wneud gweithgareddau anturus tra'n dysgu am hanes Cymru fel yr adeiladaeth o'r cestyll yn ystod yr ymladd gyda'r Saeson tra'n canu 'Yma o hyd!'. Heb os nac onibai, dylai pobl ifanc yng Nghymru ddysgu mwy am ein hanes. Mae hanes Cymru yn arbennig.

Heb os nac onibai, yr iaith Gymraeg ydy calon Cymru ac mae'r iaith yn llifo drwy fy ngwythiennau at fy ngalon. Mae Cymraeg yn sgil hanfodol yng Nghymru nawr. Mae Llangrannog yn cynnig cyfle i pobl ifanc i ddysgu a gwella eu Cymraeg. I fod yn onest, mae Cymraeg yn iaith brydferth, a gallai pobl ifanc ddefnyddio eu Cymraeg yn eu swydd yn y dyfodol, a gyda'u teulu. Dw i'n ystyried mae Llangrannog yn gyfle i helpu Y Senedd gyda chael 1 miliwn o bobl i siarad Cymraeg erbyn 2050 (er dw i ddim yn deall pam aros tan 2050). Mae Cymraeg yn iaith bersonol ac iaith i'w garu. Dw i'n credu mai dwyieithrwydd ydy'r sgil mwyaf pwysig am y dyfodol o Gymru. Felly, pan dw i yn Llangrannog fel swog, bydda i'n siarad yn Gymraeg yn unig gan ddilyn esiampl gweddill eich staff, i addysgu pobl ifanc am siarad bob amser yn Gymraeg. Bydden ni'n cael llawer o hwyl gyda'r iaith.

Dw i'n meddwl mae cadw'n heini yn bwysig hefyd yn Llangrannog. Chwaraeais i lawer o chwaraeon pan roeddwn i yn Llangrannog. Baswn i'n arwain gweithgareddau tu allan. Yn fy marn i, bydd cadw'n heini yn helpu gydag iechyd corfforol ac iechyd meddwl pobl ifanc. Mae'n bwysig iawn i helpu pobl ifanc gyda'u hiechyd. Mae Llangrannog yn amgylchedd diogel i addysgu am iechyd a ffordd iach o fwy. Dylen ni gael dosbarth coginio gyda staff hyfryd y gegin. Wedyn, bydd pobl yn gallu bwyta bwyd iach gydag ein help.

Diolch am ddarllen fy llythyr, a gobeithio, bydda i'n swog yn Llangrannog yn fuan.

Yn gywir,
Sophia Malekin

Un o'r miliwn yn 2050 gan Susie Rance

Hanner can mlynedd yn ôl, roedd 0.8% o boblogaeth Prydain yn gallu siarad Cymraeg. Erbyn hyn, mae'n 1.4%, ac mae'r gyfran sy'n siarad Saesneg yn unig yn gostwng. Mae'n anarferol cerdded drwy strydoedd Caerdydd heb glywed pob yn ail sgwrs yn Gymraeg.

Rydw i'n bedwar deg pedwar ac mae'n anodd cofio pan ddefnyddiais i Saesneg yn unig gartref, er wrth gwrs ei fod yn gartref gwahanol nawr i'r un lle ces i fy magu. Mewn gwirionedd mae'r mwyafrif o siaradwyr Saesneg mewn un lle yn aml mewn cartrefi gofal. Dw i'n gweld golwg trist yn llygaid fy mam yn gwyllo ei hwyrion yn siarad Cymraeg o'i blaen; chafodd hi erioed y profiad hwnnw o siarad yn iaith frodorol y teulu gyda'i brawd a'i chwaer oherwydd bod ei mam ei hun yn teimlo cywilydd ohono. Mae'n gysur, ar y llaw arall, gweld cymaint yn y genhedlaeth hynaf o bob cefndir yn benderfynol o ddysgu Cymraeg drwy apiau a fideos.

Y dyddiau hyn, dydy Cymraeg ddim yn cael ei hystyried yn iaith anwar, neu iaith tlodi, chwaith. Mae gan y Gymraeg bresenoldeb yn y byd, yn flaengar gan ddatblygiad yr Ariannin a mwy a mwy o Gymry yn heidio i'r wlad yn cario eu sgiliau a'u hiaith. Hefyd, mae llwyddiant addawol Alban annibynnol yn dangos i Gymru ei hun y gallwn ni'n reoli'n economaidd – goroesodd ein cyndeidiau sawl gwladychiad, dirywiad y diwydiant glo, a llawer mwy o ddiodeffaint. Mae'r cenedlaethau mwyaf newydd o rieni yn falch o fagu eu plant trwy gyfrwng y Gymraeg, a siarad Cymraeg yn gyhoeddus.

Fodd bynnag, mewn rhai ffyrdd mae Cymru yn teimlo fel gwlad fil o flynyddoedd yn ôl. Er enghraifft, mae pob man wedi'i rannu'n 'ddinasoedd pymtheg munud'. Gyda'r boblogaeth gynyddol o 74 miliwn ym Mhrydain, mae mwy o bopeth, ond nid ydych chi'n sylwi oherwydd ei fod i gyd yn llai ac yn fwy cyfyng: gallu cerdded i'r siop a meddygfa ac ysgol gynradd a gweld cerddwyr, plant yn chwarae, beiciau a hyd yn oed ceffylau ar y ffyrdd gwag yn teimlo mor heddychlon. Mae ffermydd yn llai o ran maint a dim ond wrth yrru drwy'r 'cefn gwlad' y bydda i'n eu gweld, sydd ddim yn teimlo fel ochr arwyddocaol i unrhyw beth bellach. Ond, mae glaswellt a choed yn frith o amgylch strydoedd y ddinas yn gyfaddawd. O ran cynnyrch, mae tyfu grawn fel cynhwysyn mewn siop fwyd gynaliadwy leol yn teimlo y dylwn i fod yn dychwelyd adref i dŷ crwn a rhedfa ieir. Ac eto mae bywyd mor gyfrifiadurol a modern. Mae pobl wedi manteisio ar bwysigrwydd y Gymraeg mewn rhaglenni, o ddysgu sgiliau digidol i blant ysgol gan ddefnyddio'r Gymraeg, i 'ieithoedd' cod newydd yn ymgorffori geirfa a strwythur gramadegol Cymraeg, sy'n creu amgryptio cryf yn ein rhwydweithiau.

Oes gen i unrhyw broblemau gyda lledaeniad a thwf yr iaith Gymraeg? Efallai: un diwrnod, gallai'r Gymraeg gael ei defnyddio mor gyffredin ag unrhyw iaith arall, ac rydw i'n ofnus, achos beth os yw'n colli ei hud, ei dirgelwch? Mae dirywiad y Llydaweg a'r Gernyweg yn fy atgoffa o ddileu Gavelkind gan lywodraeth Seisnig y Tuduriaidamser maith yn ôl. Roedd pobl yn gweld hyn fel cynnydd da achos daeth Cymru yn gyfoethocach, ond ar ba gost? Mae ein chwaer ieithoedd yn cael eu hesgeuluso er mwyn rhoi grym i'r un gryfaf, fel fasai'r brodyr iau ddim yn etifeddu tir yn ewyllys eu tadau. Dylen ni gadw ieithoedd mewn perygl yn fyw, ond pryd mae'n cael ei siarad mor gyffredin nes bod ei siaradwyr yn ei chymryd yn ganiataol, a ddim yn gwerthfawrogi ei harddwch? Wedi dweud hynny, rhaid imi arfer â'r ffaith bod unrhyw un yn gallu dysgu a defnyddio'r Gymraeg, a dydw i ddim yn 'arbennig' am fod yn rhan o grŵp unigryw sy'n gallu ei siarad.

Hefyd, mae'r Saeson wedi rhoi'r gorau i chwerthin ar yr wyddor Gymraeg am swnio'n 'wirion', ac dydy pobl ifanc ddim yn cwyno fydd yr iaith ddim yn eu helpu yn y byd proffesiynol. Does dim rhaid i'r Gymraeg ddibynnu bellach ar yr apêl o fod yn niche a hen ffaswn, neu ar gael ei ddathlu ar ychydig ddyddiau trwy gydol y flwyddyn ac o fewn y celfyddydau yn unig. Mae hyd yn oed digon o siaradwyr Cymraeg mewn gwleidyddiaeth fel bod canran o gyfarfodydd y cyngor a chynadleddau'r Senedd yn gallu cael eu cynnal yn Gymraeg yn unig.

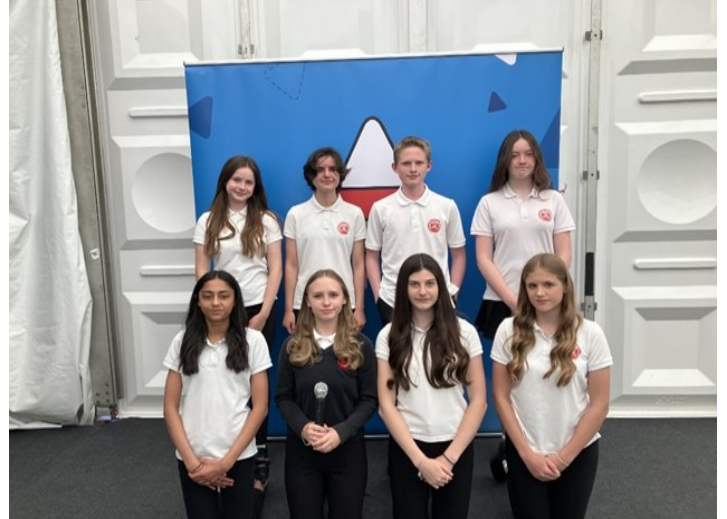
Rydw i'n meddwl bod bod yn rhan o'r miliwn o siaradwyr yn bwysig er mwyn sefydlu diogelwch mewn byd sy'n newid yn gyflym. Roeddwn i'n arfer teimlo'n ddigalon am gyflwr yr iaith, ond mae ei hadfywiad wedi bod ac yn parhau i fod yn ymdrech gymunedol, ac rydw i'n ddiolchgar am yr ymdeimlad o hunaniaeth a chariad cefais i o hynny. Rydyn ni'n byw mewn byd newydd, ond mae'r Gymraeg yn saffach nawr, felly rydw i'n teimlo'n saff.

Welsh Department



Adran Gymraeg

On stage, the students had been busy competing in all the learners' competitions. Morenci Rawlinson came 2nd in the individual recitation for learners under 15. She was also part of the 'Ymgom' which is a short play. She was joined by Gwilym, Anna and Eira. After a tough competition they achieved a superb 3rd place. The recitation groups were very successful by completing the double. Both the senior and junior groups won the national titles. The names of the poems were 'Deg o elyrch gwynion' and 'DNA'.



GEOGRAPHY DEPARTMENT

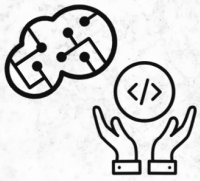


Geographical Talk

The Geography Department would like to thank geographical author and parent Simon Oakes for delivering a bespoke presentation to our Year 13 Geography students to help them prepare for their final exams. Students benefitted hugely from the session and were able to reflect on the knowledge and expertise shared by Mr Oakes to develop their own understanding and to further enhance exam techniques. Thank you again, Mr Oakes.

Urban Fieldtrip

Year 12 completed their Urban fieldwork, to develop their investigation skills. They undertook an investigation into the impacts of university life on inner city areas. Students were able to apply their classroom based learning to real life situations to deepen their understanding. Students' behaviour was exemplary and they were a pleasure to take out.



DIGITAL TECHNOLOGY & COMPUTER SCIENCE



Microsoft day at Stable Studios

On the last Friday before May half term, 11 pupils in Year 9 went on a trip to Stable Studios to take part in a Microsoft experiences day.

The event involved talks & activities relating to a variety of exciting topics including virtual reality (VR), artificial intelligence & deepfakes. The pupils were also given the opportunity to work in groups with pupils from Whitchurch High School to create and deliver a “Dragon’s Den” style sales pitch for a VR educational game concept of their own design.

The entries were judged by Stable Studios staff, and also some Microsoft employees who came up from London to help run the event. Sam Jones in 9P and Charlie Richards in 9K were part of the winning team, whose concept was for a biology inspired VR game called “Small Surgeon” which would allow users to learn about things like oral hygiene, good gut health and digestion. Well done boys!

The pupils were treated to a Microsoft shirt and Stable lanyard each, pizza for lunch and finished the day with a go on a Microsoft Flight Simulator game with a VR headset!



Raspberry Pi Competition

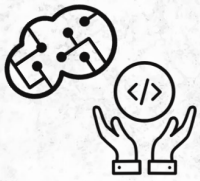
During the year, five students from Year 12 entered a national competition. They secured a place in the finals and were selected to travel to London for the PA Raspberry Pi Competition. The competition was centred around accelerating the transitioning to green energy - where a Raspberry Pi needed to be used to make transitioning easier and more attractive for businesses and individuals around the world. They were one of only 24 finalists, from over 200 schools that entered from across the UK.



Team PANIC (Pathfinding Automobile Network of Induction Charging) consisting of Abbas, Ben, Charlie, Owen, and Sean identified that the number one problem with electric cars was their limited range. To make them more appealing to the general public, they have designed a way for electric vehicles to be wirelessly charged, which reduces the number of hours spent stationary at regular charging points.

They travelled to London in May to present the idea to a panel of over 25 experts from various influential organisations in the UK. The outcome was they were selected as one of the top groups and approached by interested organisations such as Microsoft and Transport for Wales.

Thanks to the team for the outstanding, superb achievement and performance and Mrs Rawlinson for travelling to London to support the team.



DIGITAL TECHNOLOGY & COMPUTER SCIENCE



Lego Spike Tournament

During the year the coding club has been developing their computational thinking skills. As a result, Years 7 & 8 took part in a national Lego Spike Tournament competition during the year. The preparation sessions were supported by KS4 & 5 students. Over 200 children from 24 different schools participated in the Cardiff LA Lego tournament which engaged pupils over several months in an authentic learning experience to develop STEM (science, technology, engineering and maths) within the curriculum, ending with a final at the Principality Stadium.

The schools who took part started in January with a development day and have been working during after school clubs, getting ready for the tournament day. Learners developed coding and engineering skills to solve robotic challenges. They also worked in teams, improving their communication skills and the ability to problem solve and innovate. All of which are essential to realising the purposes of the Curriculum for Wales and empowering our pupils to become successful members of society.

The winners were chosen for their score for the coding of the robot to complete the missions, their presentation of their journey to the judges and their team working as part of a STEM problem solving activity.

The Cardiff Commitment Curriculum Team organised the project which involved a range of city partners from industry and beyond, who were able to share their knowledge and experience with the learners to broaden minds and provide insights to the skills needed in workplaces of the future. It allowed learners to express themselves, to explore new challenges and experiences and build excitement into their learning for the years ahead.

The event at the Principality Stadium was the pinnacle of a series of learning experiences over several months at school, providing an inspirational environment for the final competition to take place. It has also successfully promoted the values of the Cardiff Commitment and will lead to strengthened and wider partner involvement in their work.

The day starts at 10am with an introduction to the tournament.

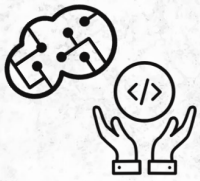
Each school was allocated a 'pit' to work from. They group took part in a number of activities to show their understanding of robots through timed activities and an innovation presentation.

The group had two slots on the tournament table where you were judged and the number of challenges the robot could complete within a time frame.

During the day the team had the opportunity to go into the VIP seating area of the stadium for photos.

The group won 'Best Robot Design' and 'Teamwork'. What an amazing achievement. It was really a pleasure to support the team and see them develop their computation thinking skills as well as team work. I know they will continue to improve for next year.





DIGITAL TECHNOLOGY & COMPUTER SCIENCE



Digital Resilience Programme

Developing Digital Resilience to Counter Online Harms: Empowering Students in Cardiff High School (by Sangeet Bhullar and Barrie Phillips)

We are thrilled to share the success of a recent project in Cardiff aimed at equipping students with digital resilience to counter online threats. Dr Sangeet Bhullar from WISE KIDS and Mr Barrie Phillips from 'The GOT Project' secured funding through Cardiff Local Authority to deliver this impactful initiative.

The project focused on two secondary schools, one of which was Cardiff High School. Here two student groups, one from Year 7 and the other a combination of Year 8 and 9, participated in three after-school club sessions. These sessions, lasting 50-60 minutes each, aimed to enhance critical thinking skills related to the online world. Students were taught to recognize both the opportunities and risks online, fostering resilience and strategies to address a range of online threats such as disinformation, scams, hate speech, cyberbullying, online grooming, and radicalisation.

Teachers and parents were integral to the programme's success. Teachers from both schools participated in an online training workshop called 'Developing Digital Competence, Digital Resilience, and Wellbeing for Children and Young People.' In addition, parents from Cardiff High were also invited to an online workshop entitled 'Parenting in a Digital World: Promoting Digital Wellbeing and Digital Resilience for Your Child.' An impressive number of 51 parents joined this informative session.

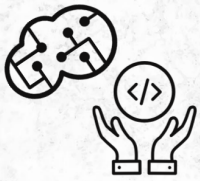


The project culminated in an online 'End of Project Celebration Event,' where participating students formed four groups. These groups collaborated to develop and deliver presentations on the various themes covered during the three sessions. To support their preparation, both Barrie and Sangeet provided online mentoring sessions. The students' hard work paid off, and their presentations became the highlight of the event, leaving all attendees, including parents and teachers, immensely impressed.

The Celebration Event brought together 30 students, parents, and school staff, creating a supportive and encouraging environment to acknowledge the students' achievements.

We congratulate the students of both participating schools on their dedication and commitment to developing critical thinking, wisdom and digital resilience. This project serves as an important reminder of the ongoing need to engage with and challenge young people so they continue to develop their critical thinking, shared values and life skills. This will prepare them to recognise and manage online challenges, as well as take advantage of the undoubted benefits of these technologies in their lives and future careers.

Together, let us continue to empower our students to navigate this online landscape with confidence, kindness and resilience.



DIGITAL TECHNOLOGY & COMPUTER SCIENCE



Included below is some of the feedback received from this project.

A sample of feedback on the material covered in one of the sessions:

Year 7 pupil: "In my opinion, I think this lesson has taught me new things and reminded me of old things. Most importantly, it reminds me how important your awareness has to be online. I will try my best to be as safe (and wise) online and possibly teach my sister too..."

A sample of reflections from pupils who participated in the final End of Project Celebration Event on what they learnt from preparing and presenting at the event:

- *What a few people can accomplish in a couple of weeks of learning and presenting a full presentation.*
- *I learnt about how many things I share with my friends about using the internet.*
- *That I knew more things to keep people safe than I thought.*
- *I can work very hard when I put my mind to it.*

Example feedback from a parent who attended the Celebration Event:

- *The event was excellent and clearly the students had put a lot of effort into their presentations. I was amazed at how confident and clear they were when they performed their presentations and I also learnt something about online safety. It was wonderful to see good support from the Cardiff High staff joining the call.*

Example feedback from a teacher who attended the Teachers' Online Workshop:

- *I thought it was a helpful session which covered a lot of very relevant and important topics in an interesting and accessible way. There were a number of topics that we currently don't cover in much depth, so it was great to be given ideas on what to include, and plenty of resources and support for how to include it properly in a way that will benefit our pupils.*

Example feedback from a parent who attended the Parents' Online Workshop:

- *The webinar was excellent, very informative, wonderful presentation - clear and accessible, well organised and in all complexity - just perfect - what parents need! Thank you very much.*



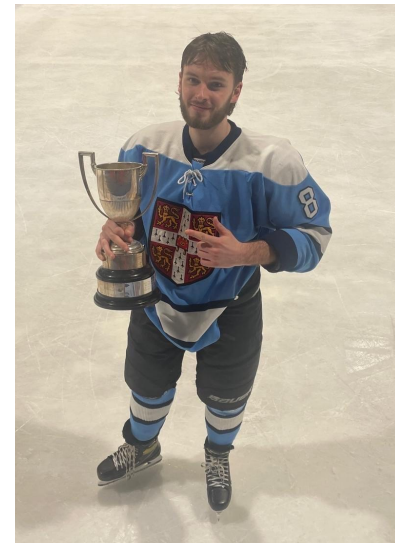


FORMER STUDENT SUCCESS



Father of a former pupil Tomos Prys Griffiths, recently wrote to us to update us on his son's endeavours at Cambridge University. Tomos, now in his second year of his Law course, is enjoying his time at Cambridge, excelling both academically and in athletics, playing Ice Hockey for the University team.

It's been a fantastic year for Tomos and the Cambridge Ice Hockey team. At the recent varsity game against Oxford, Cambridge emerged victorious for the fifth year in a row. Additionally, Tomos will be heading to Davos in Switzerland later this year to participate in the coveted Spengler Cup, a famous ice hockey competition. We wish them the best of luck.



Tomos's Father, Iolo, a Chemistry teacher, who also attended Cardiff High School, encourages aspiring students to apply to Oxbridge Universities, although biased towards Cambridge of course and would both like to share their gratitude to the former staff at Cardiff High School.

MOVIE-MAKING CLUB

Movie-making at Cardiff High School has been running for twelve years now, and with the inaugural CHS Summer Movie-making Competition held last year, we are now ready for the second edition.



Sahil Akhtar as the lead actor in the judges' award-winning final selection.

Last year's winners, as selected from the shortlist, were Eddie Jennings, Sahil Akhtar, Aidan Pengelly, and Josh Miles with their surrealist take on the Marvel Cinematic Universe. They won forty pounds of cinema vouchers for those rainy days in the long summer holidays.

This year, students are invited to submit a film from between four to eight minutes in length that would pass a U/PG certification. Further details can be received if you pop into F19 during break or lunch. All years are welcome to take part. The winning team will receive fifty pounds of cinema vouchers and a smart little trophy.



English Department



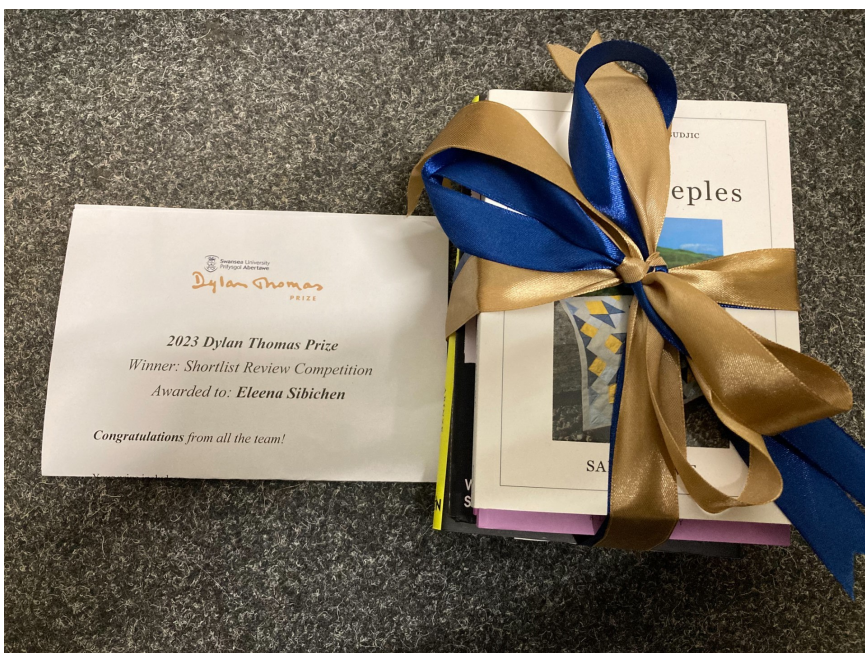
Hay Festival Trip

Earlier this term, we were delighted to take a group of Year 8 and 9 pupils on a trip to the Hay Festival. During the day, we attended inspirational talks by writers Patrice Lawrence and Laura Dockrill. It was fantastic to see the students' interest and enthusiasm in these events. It was also excellent to see students exploring the wide range of stalls on offer and engaging with book signing opportunities. We look forward to hearing about what the students have enjoyed reading following the event.



2023 Dylan Thomas Prize Shortlist Review Competition

This year, several of our Year 12 English Literature students were invited to participate in reviewing the books shortlisted for the prestigious Dylan Thomas Prize, an annual competition for young writers. We are thrilled that Eleena Sibichen was the overall winner of the Shortlist Review Competition for her review of a new novel by the writer Saba Sams. Congratulations Eleena!





English Department



The Chairing of the Bard

During this year's Eisteddfod the CHS English department teamed up with the Welsh department to host the Chairing of the Bard, an integral part of Welsh culture and tradition.

Each spring, a new Bard is chosen. This year, Anaya Adnan was bestowed the honour of becoming the Bard. Anaya's poem centred around Welsh mythology and culture in a lively retelling of the red dragon legend. She won because of the good humour in her poem and the mythical resonance of the verse. Beatrice Browne placed second, with a proud tribute to sport in Wales. Adriana Beceriu placed third with a powerful piece. Adriana said, that 'My poem is about Wales' role in the Second World War, and how Wales brought light to the world'.



The Bard is historically known as 'he who makes songs': an entertainer and maker of heroes. To ensure that others can enjoy the talent of our Bard and two runners up, CHS Radio Club recorded an exclusive interview with our young writers along with readings of the three beautiful poems. This segment can be found on the CHS website under the 'Parents & Students' tab.

Mwynhewch!



This year, CHS Radio Club has had plenty of fun recording exclusive interviews, games and news segments. You can find all the content for both the Winter and Spring Shows on the Cardiff High School website under the 'Parents & Students' tab. The team has worked hard devising and recording these shows. A particular favourite has been Department Wars, where teachers from each department have gone head-to-head answering (or trying to answer) questions based on their opposing teacher's subject. Who would have thought we had

such competitive teachers at CHS!

Cayla Hill said, "I find radio club a really exciting extra-curricular activity!"

A special shout out goes to Ralph Crowter who has been successful in reaching the next stage of the BBC Young Reporter Competition. Ralph's report is about his experience of attending a mainstream school as a student with autism.

Ralph said, "I'm really proud to have got this far. I'm excited to find out how I get on!"

We wish him all the very best of luck for the rest of the competition. Stay tuned for the Summer Show!



Eco Club Updates



Summer update

After a very successful first year, CHS Eco Club has continued to go from strength to strength!

In November we were given over 100 saplings by the Coed Caerdydd charity, many of which we planted along the edge of the back field. They are coming along nicely, and we're planning to extend the coverage along the perimeter in the next planting season.

Our wild garden has also come back to life in a big way recently, with the variety of wildflowers, bushes and saplings being enjoyed by pupils, staff and pollinators alike!

Earlier this year, representatives of the Friends of Nant Fawr group reached out to the school to re-establish links and organise a variety of conservation and learning opportunities in the woodland area adjacent to the school. Pupils enjoyed an afternoon of sowing wildflowers and tasting wild garlic in April, some kick-sampling with nets and trays in Nant Fawr stream in June, and there are lots of other activities planned for the coming months.

We will hopefully be ending the year with a trip to the Cardiff Energy Recovery Facility (Viridor) on Glass Avenue, where pupils will be seeing first hand how non-recyclable waste is managed and used to create energy, considering the environmental advantages and disadvantages of this and learning more about the issue of waste management in general.

Eco club is open to any pupil from any year group at any time! We meet in S13 on a Wednesday after school.



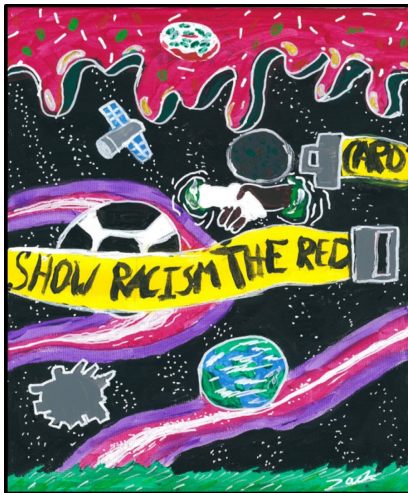


Health & Wellbeing



SHOW RACISM THE RED CARD

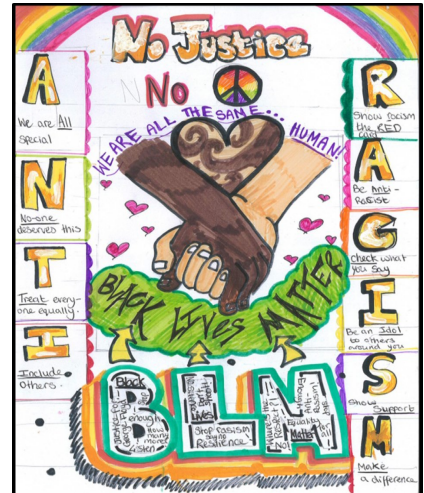
A huge thank you to all pupils in Year 7 who entered the Health and Wellbeing Show Racism the Red Card Competition and a special well done to Khadijah Hussain, Zack Ellis-Williams and Fatima Hirshy. It was so difficult to narrow the entries down to just three and unfortunately on this occasion we didn't win but fantastic work being done in Health and Wellbeing to explore such a vital topic.



Zack Ellis-Williams



Khadijah Hussain



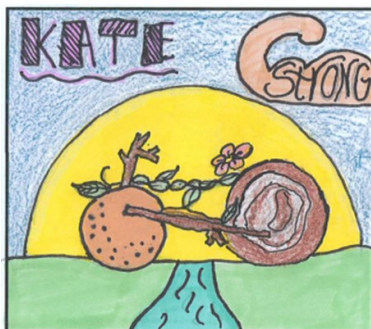
Fatima Hirshy

Climate Cycle – Design a Logo!

Kate Strong (cyclist and triathlete) visited our pupils in Year 8 to launch a design a logo competition to fix to her handmade bamboo bike as she cycles 3,000-miles around mainland Great Britain this summer. Kate will be visiting sustainability projects during her cycle to raise awareness of World Environment Day and sustainability issues affecting our planet.



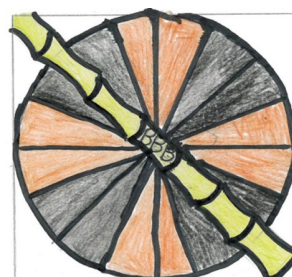
Thank you to all pupils who designed a logo, here are a small selection of logos designed by our pupils:



Zahar Al-Ta'an



Nina Lacan



Evan Bird



Saeib Jang



Eben Jeffrey



Law Department



We were delighted to welcome back Zarra Jakir, an ex-pupil of the school who led a workshop with current A-level Law students as part of a Pro Bono Street Law Event. The workshop was aimed at helping pupils gain legal literacy skills to help them apply their legal understanding to everyday life.



There was so much to learn and lots of fruitful discussion.



We were also very lucky to welcome back another ex-pupil of the school, Babar Khan, currently in the final phase of completing his Legal Practice Course. Babar was able to discuss first-hand the requirements of the course and the skills he has developed, such as legal writing, interpreting and applying legislation and strategic foresight. He also spoke about the practical side of the course including writing bail applications and plea in mitigation. Babar also spoke about the different qualifying routes for Solicitors, including the Solicitors Qualifying Exam, and Barristers. This led to a very interesting debate on whether the separate professions should be fused.

It has also been exciting to continue the good work we started last year with Abi, a solicitor from Stowe Family Law, who continues to support the work of the department. We look forward to continuing our partnership again next year.



Student successes!

Huge congratulations to Zaara Parveen who has been successful in securing a solicitor apprentice place in September with international law firm CMS. She will start a degree apprenticeship to become a qualified solicitor where she will be working alongside her studies.

Huge congratulations also go to Zoe O'Regan who has successfully secured a paralegal apprenticeship at Ashfords in Bristol. Like Zaara, Zoe will also gain experience working with and supporting solicitors whilst attending University one day a week.



Thank you also to Jo Stevens MP to discuss her role and work as a Member of Parliament. I think we may have some budding MPs in the making!

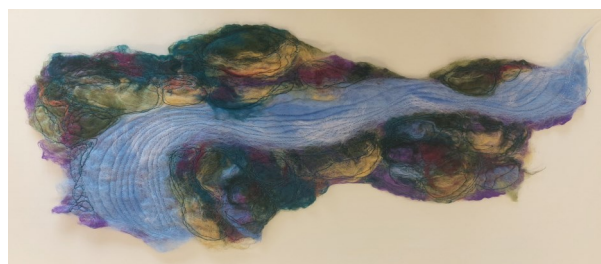
ART DEPARTMENT



It has been an incredibly busy term in the Art Department. We have been delighted to see the inspirational final outcomes produced by our exam candidates, resulting from weeks of dedicated preparatory work! We have been able to take part in the Cardiff Met Schools' Exhibition again this year which continues to be a fantastic showcase for our talented pupils. Selected final outcomes from Year 11-13 have been on display to the general public in June. Here are a few highlights:



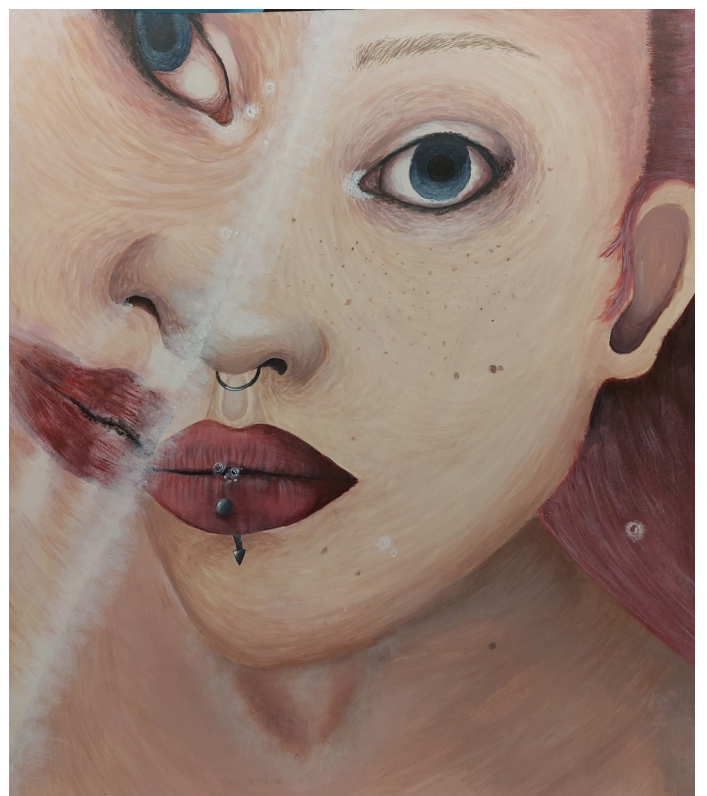
Final Outcomes: Layan Zaben (left) in response to the theme 'Colourful', Eva Green (Year 9) painted by her sister Bronwen Green (Year 13) for her A Level theme 'Observations', wet felt study by Rebecca Bourn based on 'Waterways', 'The Andrew Buchan' by George Gow and Zoya Ahmed's response to 'Identity' (Year 12).



ART DEPARTMENT



Final Outcomes by: Amy Bennett (left), Hana Rashwan (above), Xanthe Barnes (below right), Lily Bell (below left)



ART DEPARTMENT



Art work exhibited by: Jack Short, Seren Webber, Sama Albattat, Amelia Smith, Verity Russell, Evie Hinchey, Dawoud Shad, Dimitri Petrides, Rayan Solaiman, Safa Chowdhury (above).

Year 10 GCSE Art & Design:

Well done to all Year 10s for creating their beautiful print making boards this term based on an array of themes such as organic, neglected corners and reflections. They have enjoyed using print making processes including collagraph, etching and mono-print. We are excited to see their projects progress towards their final outcome.

Evie Hinchey



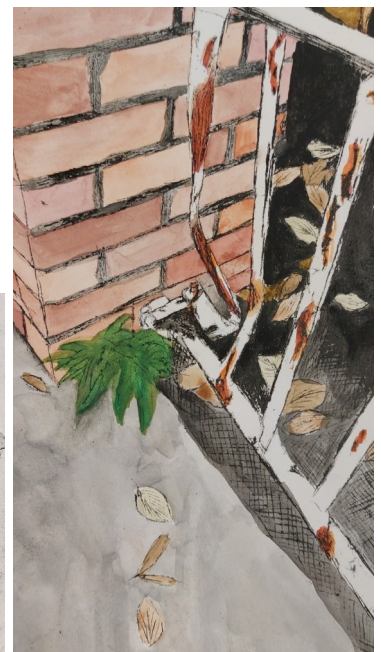
Amelia Smith



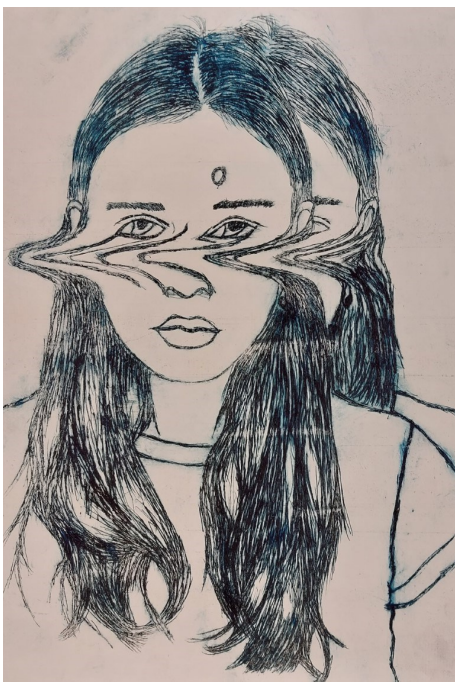
Sama Albattat



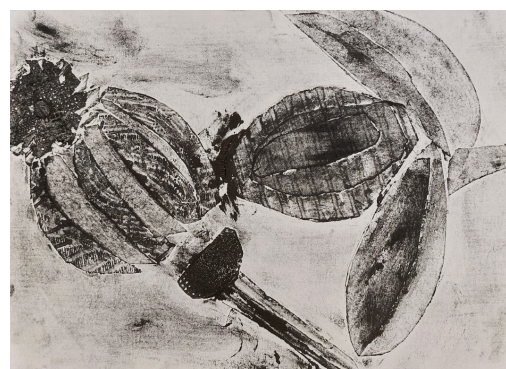
Haf Griffiths



Olivia Holdsworth



Osian Crane



ART DEPARTMENT



KS3 Art Club has continued to thrive with Ms Thomas-Evans in F1!

There has been a great variety of techniques and processes explored in the club ranging from still life compositions to creative digital drawing using the iPads and apple pencils.



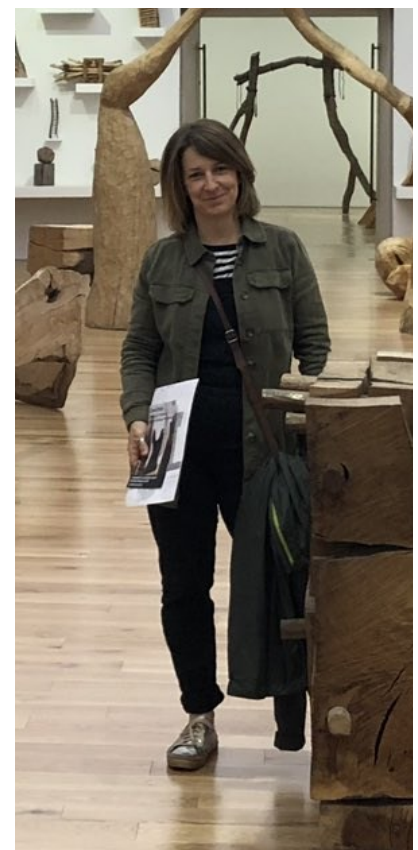
This term we say a fond farewell to Ms Thomas-Evans who has been an Art teacher at Cardiff High School since 2003. She has been a classroom teacher to Year 7-13, Curriculum Leader of Art and more recently a tutor to her Year 12 form group. Over the years Ms Thomas-Evans has inspired hundreds of Art students with their KS3, GCSE and A level Art courses, many going on to further their creative ambitions in higher education and employment. She has continued to demonstrate an unwavering passion and knowledge for her subject, her genuine enthusiasm inspiring pupils and colleagues alike. We are so sad to see her leave, but we wish her every success in her new career as an Art psychotherapist. Here are just some of the kind messages sent by CHS students for Ms Thomas-Evans:

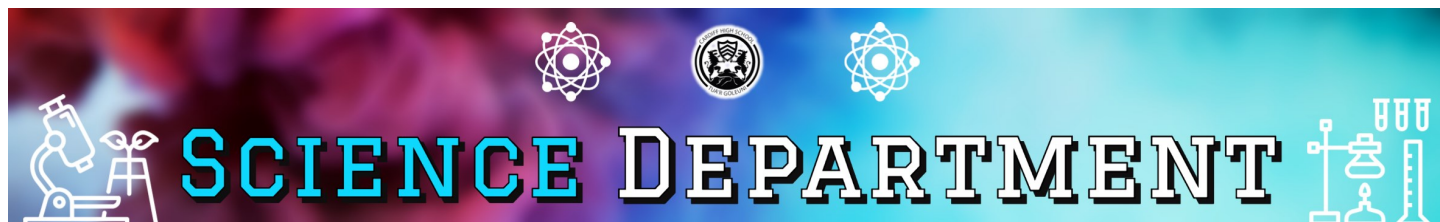
'Thank you for helping me settle in during my first year at Cardiff High, having a friendly face in the morning has been lovely. I wish you all the best' Olivia Jay (Year 12)

'Thank you for the time and effort you've put into teaching us over the years, and for going out of your way to help us achieve our best. You've made a big impact on all of us. Thank you for everything and good luck in the future!' Erin Bond (Year 11)

'Thank you so much for being our teacher throughout the school years but especially during our GCSE course. You've inspired me a lot and I wish the best for you in the future! Thank you once again for helping me in many different ways whether it was suggesting ideas or advising me. Thank you!' Doe-hyeon (Year 11)

'Good luck in the future and thank you for being a great teacher! You inspired me to keep creating Art. Thank you' from Willow Brailsford (Year 11).





CHS Science Students Win at Prestigious Olympiads

In the Spring, a number of our Year 12 pupils competed in the British Biology and Physics Olympiads. These tough competitions cover all aspects of A level Biology and Physics were entered by over 18,000 students from 800 schools worldwide. We are very proud of all of the students who took part, however, particular congratulations go to Amy Ridgway, who achieved a Silver Award in Biology, putting her in the top 15% of entrants. For Physics, Edie Robinson gained a Bronze Award and Abbas Schwarz a Gold! Fantastic! Further Science competitions will be advertised via class teachers again next year, so keep an eye out in order to take part.



Amy Ridgway -
British Biology Olympiad
Silver Award Winner



Abbas Schwarz -
British Physics Olympiad
Gold Award Winner



Edie Robinson -
British Physics Olympiad
Bronze Award Winner

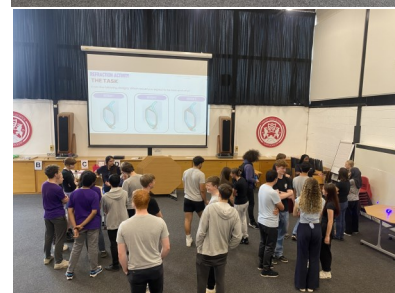
International Women in Engineering Day

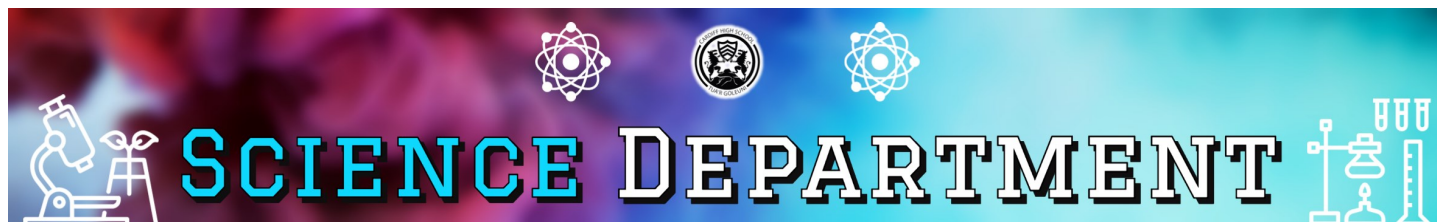
Year 12 Physics students attended a scientific engineering talk from female engineers to promote opportunities for pupils to progress into a career in engineering. The event was designed to increase awareness of opportunities for **'Women in Engineering'** but the event showcased engineering opportunities, careers, and pathways for ALL pupils!

The engineers that presented were: Gill Butterwick – Product Development Engineer, Tapiwa Mugwagwa – Undergraduate Engineer, Amarjot Saggi – Process Engineer.

They celebrated **International Women in Engineering Day** by delivering an insightful workshop about their experiences of getting into and working in the engineering industry; and the company the engineers work for is ATL Technology, which is a development and full-service manufacturing partner to medical device OEMs.

They shared their **learning and career journeys** as they explained how to get into these types of engineering roles. Detailing everything that they get up to on an **average day at work**, and given our pupils the chance to **participate in an engineering design activity that utilised pupils A level knowledge**. The Physics students had the opportunity to **ask many questions** to the engineers, which gave the pupils a wonderful insight into the career of an engineer, but more importantly, altered the perception of some pupils to believe that they too could become an engineer...!





Life Science Challenge

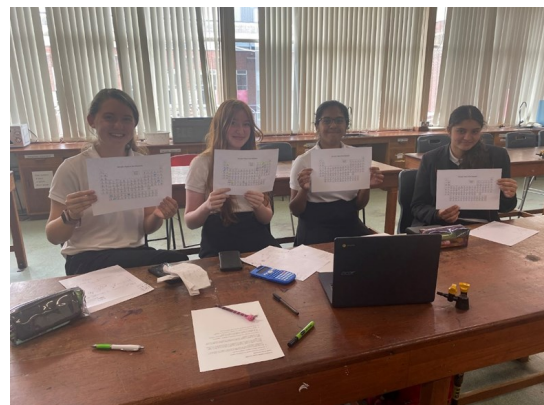
A big congratulations to Tanya Tanoj 10T, Simone Williams 10T, Amany Schwarz 10T and Sophia Perna 10P for reaching the semi-finals of the Life Science Challenge!

The challenge is an all Wales inter-school competition for Year 10 pupils. This is a quiz designed and delivered by PhD students and early career researchers (Post Doctoral Researchers and Junior Fellows) at Cardiff University. These are individuals who are passionate about science,

and have chosen to dedicate their lives to scientific research. They want to share this enthusiasm for trying to understand the natural world with pupils in Wales with the hope that by giving pupils the opportunity to meet young scientists working locally, we will inspire them to consider the possibilities of scientific careers.

Some of the quiz questions follow the National Curriculum, but others may require knowledge gained from further reading/investigation. Importantly, some questions test pupils' ability to analyse data and apply logic and learned knowledge to unfamiliar concepts. Questions are largely Biology and Chemistry based, but also involve aspects of Physics and Geology where they pertain to understanding the living world. Scientists with backgrounds ranging from Psychological Medicine, Epidemiology, Immunology and Cancer Biology set the questions so the range of question material reflects their expertise.

Having made it into the 8 top scoring teams in the country the girls faced stiff competition in the form of Corpus Christi during the quarter finals, however they managed to come out on top with a score of 38 to Corpus' 34. They will now advance to the semi-finals and potentially the finals, hosted at Cardiff University's School of Medicine in September. We'd like to wish them the best of luck!



Science club success!

Science club has been a continued success this spring with many students taking full advantage of opportunities to engage with a variety of experiments and practical tasks. Students have applied their analytical skills when measuring and recording data and have practised dexterity and focus when completing a heart dissection. Some of the other highlights have included; elephant's toothpaste, looking at specialised cells and displacement reactions.

Some of the A-level students have also been assisting in the running of the club and it has been wonderful to see the students from different year groups supporting one another and sharing their love of science.

We're looking forward to welcoming a new cohort in the next academic year!



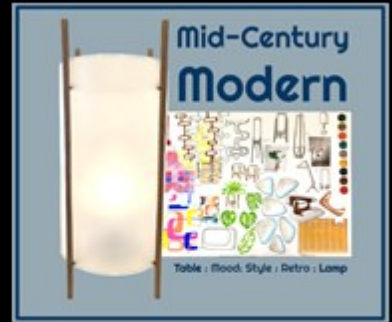


DESIGN & TECHNOLOGY

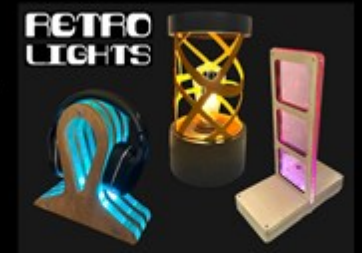


MODERNIST LAMP

INSPIRED BY THE ARCHITECTURE OF FRANK GEHRY



AS & A-Level Product Design





DESIGN & TECHNOLOGY



Cardiff Metropolitan University

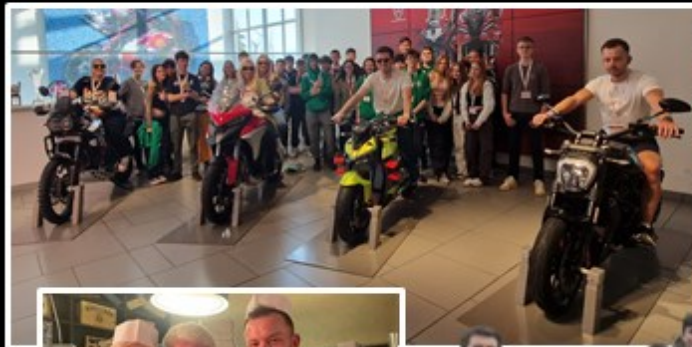
Prifysgol Metropolitan Caerdydd

School of Art & Design Creative Exhibition



@Cardiff_High_School_DT

@MrPowellCHS



Year 11 GCSE Product Design

Italy Trip 2023

Ferrari
Ducati
Pagani

Florence
Pisa
Pizza!





DESIGN & TECHNOLOGY



Year 7
Design & make
using acrylic
& plywood



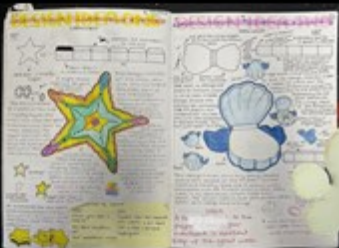
Year 8 & 9
Workshop skills



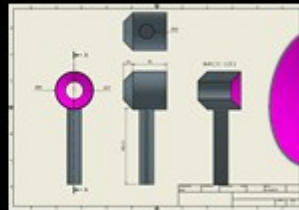
Year 8
CAD/CAM
Phone speakers



Year 9
Graphic packaging



Year 9
DYSON research CAD
& modelling



Year 10
Presentation
Modelling
Laminating
Wood joints





DESIGN & TECHNOLOGY



Childrens toy

Tri-Lamp



Laser cut sections
Oiled finish
E14 bulb

2023 GCSE Product Design



GAMER

Bedside console
headphone stand



LOTUS LIGHT



CRYSTALIGHT





97% of Cardiff High School parents and carers have signed up to ParentPay. ParentPay is the easy, safe and convenient way to pay for School Canteen Funds, Clothing Items (hoodies), Peripatetic Music Fees, Revision Guides and many more items. But! That is not the whole story. ParentPay is the way we communicate with you via the ParentPay email platform. Email is a much more efficient and eco-friendly way of communicating with our parents and carers. No more soggy letters in the bottoms of bags, no more missed communication, it is faster and safer! If your child is currently at CHS and you are not yet signed up, please email Miss O'Neil at OneilN6@Hwbcymru.net for an activation letter. If your child is joining us in September please sit tight and an activation code will arrive with you before the start of term!

For all your ParentPay questions, please email
OneilN6@Hwbcymru.net



The most useful piece of advise that we can give you is to **label everything!** If an item of lost property arrives with us at reception and it has a name on it, we can happily reunite it with it's owner! Generally if an item is lost it will not arrive with us at reception until the following day, once housekeeping team have completed their day and deposited all that the find with us. If the items have a name on them we will request that the owner comes to reception to collect. Any items that are not labelled will be put into the lost property cupboard (which fills extremely quickly).

Pupils are permitted to ask for the cupboard key at reception to search for their lost items but unfortunately we can not allow parents to come into school and search themselves.



GOODBYE & GOOD LUCK



Mrs C
Falcus



Mrs G
Brownlow



Mr C
Thomas



Mrs S
Walsh



Mrs M
Griffiths



Mr L
Oldfield



Mrs S
Weaterton



Ms N
Thomas-Evans



Mrs J
Farag



Mrs B
Rix



Mrs E
Britany



Ms B
Wheatley



Mr G
Davies



Mr J
Jones



Mrs L
Baynham



Mr I
Miles