



Cardiff High School Ysgol Uwchradd Caerdydd

Headteacher/Pennaeth
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Dear Parent/Carer,

As we come to the end of our first, successful, week of this half term with Year 7 and 8 pupils back in school, I would like to share with you a number of updates and reflections. Please note that an additional letter has also been sent to students in Years 12 and 13 outlining issues pertinent to these year groups.

Blended Learning

I am exceptionally proud of the hard work that our staff have undertaken to prepare for a blended learning approach during this firebreak. We have been so pleased to receive your positive e mails in which you have expressed your gratitude to staff for ensuring that provision has been of high quality in what is, essentially, a brand new way of working. Levels of pupil engagement have been good and feedback has been positive. We are obviously continuing to learn and improve our practice and feel that we are in a position to confidently return to this way of working should the need arise.

What To Do If.....

We recognise that this remains a stressful time for families. A number of you will have been contacted with regards to the need for your child to self-isolate following a positive diagnosis of Covid-19. As a consequence, a number of you have been in touch requesting further guidance related to illnesses and absence. We felt that the re-issuing of the table below may provide support in this key area.

What To Do If.....	Action Required	Return To School
<p>My child has COVID-19 symptoms</p> <ul style="list-style-type: none"> • High temperature – this means you feel hot to touch on your chest or back • A new, continuous cough – this means coughing a lot more than an hour, or 3 or more coughing episodes in 24 hours; and/or • A loss or change to your sense of smell or taste – this means you’ve noticed you cannot smell or taste anything 	<ul style="list-style-type: none"> • Do not send your child to school • Inform the school • Self-isolate the whole household for 14 days • Arrange a test • Inform the school immediately about the test result 	<ul style="list-style-type: none"> • The test comes back negative or • After 10 days if the test is positive
<p>My child tests positive for COVID-19</p>	<ul style="list-style-type: none"> • Do not send your child to school • Contact school to inform us of a positive test outcome • The school will confirm with you the earliest date for possible return • Self-isolate the whole household for 14 days • Where your child is well enough, 	<ul style="list-style-type: none"> • Providing your child is well they can return after 10 days • They may still return after this period even if they have a cough or loss of taste/smell. These symptoms may last for several weeks

	complete the remote learning	
My child tests negative	<ul style="list-style-type: none"> • Contact the school • Discuss when your child can come back to school (same day/next day) 	<ul style="list-style-type: none"> • As soon as possible once a negative test has been confirmed
My child is ill with symptoms not linked to COVID-19	<ul style="list-style-type: none"> • For non-COVID symptoms follow usual school absence policy procedure ie contact school and advise of illness related absence 	<ul style="list-style-type: none"> • Send your child to school as normal • After 48 hours following the last bout of sickness/diarrhoea if this is the cause of absence
Someone in my household has COVID-19 symptoms	<ul style="list-style-type: none"> • Do not send your child to school • Contact school • Self-isolate the whole household for 14 days • Household member to get tested • Inform school immediately about the test result 	<ul style="list-style-type: none"> • The test comes back negative or • After 14 days where the test is positive
Someone in my household tests positive for COVID-19	<ul style="list-style-type: none"> • Do not send your child to school • Contact school • Look out for potential symptoms and keep 	<ul style="list-style-type: none"> • The child has completed 14 days of isolation providing they have not developed symptoms

	<p>school updated if your child develops these</p> <ul style="list-style-type: none"> • Agree an earliest date for possible return, minimum of 14 days 	
NHS Test, Trace, Protect Service has identified my child has been in close contact of someone with symptoms of confirmed COVID-19	<ul style="list-style-type: none"> • Do not send your child to school • Contact school and • Agree an earliest date for possible return, minimum of 14 days isolation 	<ul style="list-style-type: none"> • The child has completed 14 days of self-isolation
We have/my child has travelled and have/has to self-isolate as a period of quarantine	<ul style="list-style-type: none"> • Do not take unauthorised leave during term time • Consider quarantine requirements and government advice when booking travel • Returning from a destination where quarantine is needed; • Agree an earliest date for 	<ul style="list-style-type: none"> • The quarantine period of 14 days has been completed
We have received medical advice that my child must resume shielding	<ul style="list-style-type: none"> • Do not send your child to school • Contact school and provide written confirmation 	<ul style="list-style-type: none"> • You have been informed by medical advisors that restrictions have been lifted and your

	<ul style="list-style-type: none"> • Shield until you are informed that restrictions are lifted and shielding is paused again 	child can return to school
My child's contact group is closed due to COVID-19 outbreak in school	<ul style="list-style-type: none"> • Do not send your child to school if your child has been instructed to self-isolate by the school • At home support your child with remote education provided by school • Your child will need to isolate for 14 days 	<ul style="list-style-type: none"> • School will inform you when the contact group will be reopened

Securing a Covid-19 Test

If your child displays any of the Covid-19 symptoms, as highlighted above, you must not send them to school. You will need to apply for a test either by **calling the free number 119** between the hours of 7am to 11pm or **via the website** www.gov.uk/get-coronavirus-test. Please note that on line test appointments are released at regular intervals throughout a day. We would, therefore, advise that if you are not successful in securing an appointment initially that you continue to try on a frequent basis.

School Uniform

Our Year 7 and 8 pupils have returned looking very smart this term. Our approach to uniform remains flexible in that pupils may choose to wear the summer or winter uniform. We would like to remind you, however, that the weather is definitely becoming colder and classrooms remain appropriately ventilated. If you have not already done so, we would strongly advise that you purchase a school blazer. Permitted layers of clothing are the school jumper and blazer. Hoodies are not permitted. As the winter continues, we will reflect upon any additional amendments.

Year 9 Options

For pupils who are embarking upon their option choices, the free choice process has now gone live and is available via the school web site.

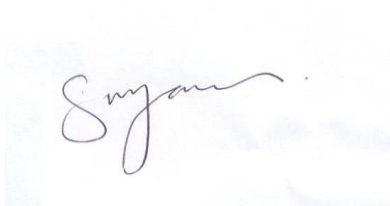
Facial Coverings

Additional face coverings will be provided to pupils as soon as they arrive in school. We are currently awaiting a delivery from the Local Authority. This will consist of 2 coverings which will be free of charge. In the meanwhile, please can we politely remind you to ensure that your child has packed at least one covering each day. High quality, 3 ply, washable coverings are available at school reception at the subsidised price of £1.

We are very much looking forward to welcoming all students back next week.

Please continue to use our website and follow our Twitter page for further updates and information.

Yours sincerely

A handwritten signature in blue ink, appearing to read 'S M Jones', is written over a light blue rectangular stamp or watermark.

S M JONES

Headteacher