



Year 9 Health and Wellbeing Map



Contact Details

Mrs Tumelty

F7

tumeltye@hwbcymru.net

Ambitious, capable learners, ready to learn throughout their lives

Enterprising, creative contributors, ready to play a full part in life and work

Ethical, informed citizens of Wales and the world

Healthy, confident individuals, ready to lead ful-filling lives as valued members of society

Senior staff/ safeguarding support:

Mrs Yarrow
Mr Thompson
Mrs Bennett



**Autumn Term 1
DECISION MAKING**

**Autumn Term 2
OPTIONS**



**Spring Term 1
SUBSTANCES AND RISK**



**Spring Term 2
SUBSTANCES AND RISK**



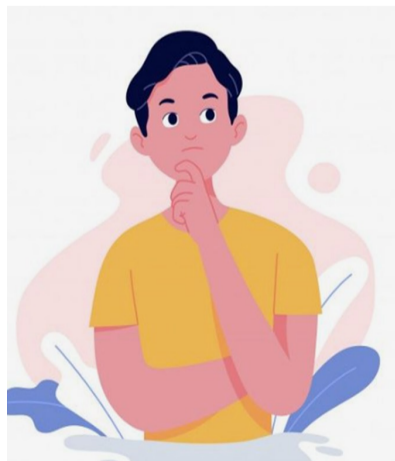
**Summer Term 1
DIVISION TO DIVERSITY**



**Summer Term 2
SEXUAL HEALTH AND SAFETY**



Year 10



Useful contacts

Respect
08088024040
The Mix
08088084994
Childline
08001111
Natalie Lewis
(Careers Wales)

Useful websites

Childline
<https://www.childline.org.uk/>
Young Minds
www.youngminds.org.uk
Talk to Frank
www.talktofrank.com
Thinkuknow
www.thinkuknow.co.uk
Young minds
www.youngminds.org.uk
Careers Wales
<https://careerswales.gov.wales/>
BBC Bitesize: Careers
<https://www.bbc.co.uk/bitesize/careers>

We are always here for you

Speak to:

Your form tutor
Teachers
Achievement Leader
Head of School
Wellbeing & achievement team
Nurture