



CARDIFF HIGH SCHOOL CATERING

STUDENT PRICE LIST SEPT 2023

LUNCHTIME SERVICE

HEARTY MAIN MEALS

£3.20

A selection of Hearty Homemade Main meals served as a meal deal with a selected drink.

*** Meal Deals include a 250ml Tetra Pack of Water or Juice ***



WEEKLY CYCLE 1

MAIN MEAL

Vegetarian (V) or Vegan (Ve) alternative

Monday	Homemade Beef Lasagne	Vegetable Lasagne (Ve)
Tuesday	Curry half 'n' half	Vegetable Curry (Ve)
Wednesday	Traditional roast dinner	Vegan Quorn fillet dinner (Ve)
Thursday	Chilli Rice & Nachos	Vegetable Chilli (Ve)
Friday	Hand Battered Fish Goujons & Chips	Vegan Fish Fingers (Ve)



WEEKLY CYCLE 2

MAIN MEAL

Vegetarian (V) or Vegan (Ve) alternative

Monday	Pasta Bake & Garlic Bread	Vegan Pasta Bake (Ve)
Tuesday	Curry half 'n' half	Vegetable curry (Ve)
Wednesday	Traditional roast dinner	Vegan Quorn fillet dinner (Ve)
Thursday	Chicken Gyros	Falafel Gyros (Ve)
Friday	Fish Cake & chips	Quorn Sausage (Ve)



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LUNCHTIME SERVICE

Also available from the Main Meal Counter

Large Portion of chips	£1.90
Portion of Baked Beans	£0.85
Curry Sauce	£0.85
Bread Roll & Butter Portion	£0.50
Homemade Dessert	£1.00
Sauce Sachet	£0.12



Available from ALL COUNTERS

Selection of Cake Bars, Muffins & Flapjacks £1.15

Homemade cookie selection £0.90

Selection of Fresh Fruit £0.50

Fresh Fruit Salad Pot £1.20



PLASTIC FREE DRINKS !

Fizzy Fruit Cans £1.00

Tetra Pack of Juice £0.85

Tetra Pack of Water £0.85

Tetra Pack Milkshakes £0.85



GRAB 'n' GO WEEKLY ROTATION



MONDAY	BURGER DAY	Big Stack Cheese Crispy Chicken	Vegan Buttermilk
TUESDAY	ITALIAN DAY	Boxed Pizza Panini Selection Mac 'n' Cheese	Chips to Go
WEDNESDAY	SUB DAY	Southern Fried Sub Hot 'n' Spicy Sub	Vegan Sub
THURSDAY	NUGGET DAY	Chicken Nuggets	Vegan Nuggets
FRIDAY	WINGS DAY	Buffalo Wings Waffle Fries	Spicy Cauli Bites



NEW! BUFFALO WINGS **NEW! WAFFLE FRIES**



FRESH FILLINGS DELI BAR



Daily selection of freshly prepared sandwiches...

Large Luxury Fillings Baguette	£2.85
Luxury Deli Roll	£2.40
Luxury Fillings Wrap	£2.40
Luxury Fillings Bagels	£2.40
Luxury Fillings Sandwiches	£2.40

HEALTHIER CHOICES

Salad Meal Deal

Boxed Chicken Salad with bread roll and selected drink	£3.20
Boxed Cheese Salad (v) with bread roll and selected drink	£3.20

SOUP

Fresh Hot Soup and Bread Roll/Butter & Cheese Pack	£2.20
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JACKETS

Jacket Potato with 1 Filling / Meal Deal	£2.50/£3.00
Jacket Potato with 2 Fillings / Meal Deal	£2.75/£3.20

Choice of fillings : Cheese, Beans, Coleslaw, Tuna Mayo

*** Meal Deals include a 250ml Tetra Pack of Water or Juice ***





GRAB 'n' GO Items



CHIPS

Chips to Go with Sauce Sachet £1.60

WAFFLE FRIES

Box of Waffle Fries with Sauce Sachet £2.00

BURGERS

Big Stack Cheese Burger / Meal Deal £2.60/£3.20

Crispy Chicken Burger/ Meal Deal £2.60/£3.20

Buttermilk Vegan Burger / Meal Deal £2.60/£3.20

ITALIAN STYLE OPTIONS

Individual Deep Pan Pizza /Meal Deal £2.60/£3.20

Mac & Cheese Pot / Meal Deal £2.60/£3.20

Freshly Made Panini (assorted fillings) / Meal Deal £2.60/£3.20

SUBS

Southern Fried Chicken Tenders Sub / Meal Deal £2.60/£3.20

Hot 'n' Spicy Tenders Sub / Meal Deal £2.60/£3.20

Vegan Sub / Meal Deal £2.60/£3.20

NUGGETS

Box of 6 Chicken or Vegan Nuggets & Dip £2.00

Box of 6 MEAL DEAL £2.50

Box of 10 Chicken Nuggets & Dip £2.85

Box of 10 MEAL DEAL £3.20

Combo 9 Box £2.85/£3.20

Combo 9 Veggie Box £2.85/£3.20

WINGS & THINGS

Spicy Buffalo Chicken Wings £2.00

Spicy Cauliflower Bites £2.00

Filet of Fish Burger / Meal Deal £2.60/£3.20

Pot of Fish Goujons £2.00

*** Meal Deals include a 250ml Tetra Pack of Water or Juice ***

BREAKFAST and BREAK SERVICE

Slice of Toast	£0.40
Hot Bacon Roll	£1.65
Freshly Baked Cookie	£0.90
Pastry Item	£1.00
Fresh Fruit Pots	£1.20



NEW ! Break Time Specials of the Day

Monday

Bacon and Cheese Turnover	£1.50
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Tuesday

Sausage Baguette	£1.65
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Wednesday

Steak Bake	£1.65
Vegan Sausage Rolls	£1.50

Thursday

Pizza Slice	£1.50
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Friday

Breakfast Muffin	£1.65
Hash Browns Pot	£1.50

SIXTH FORM DELI & COFFEE BAR



Slice of Toast £0.40

Barista Coffee

Freshly brewed coffee £1.85

Shot of syrup £0.30

Snacks

Confectionery £1.00

Cans of Coca-Cola products £1.00

Packets of Crisps £0.90



Selection of Cakes £1.15

Freshly baked cookies £0.90

NEW ! Break Time Specials of the Day

*****Available from the Hot Counter at Break Time only*****

Monday

Bacon and Cheese Turnover £1.50

Tuesday

Sausage Baguette £1.65



Wednesday

Steak Bake £1.65

Vegan Sausage Rolls £1.50

Thursday

Pizza Slice £1.50



Friday

Breakfast Muffin £1.65

Hash Browns Pot £1.50

SIXTH FORM DELI & COFFEE BAR



Daily selection of freshly prepared sandwiches...

Large Luxury Fillings Baguette	£2.85
Luxury Deli Rolls	£2.40
Luxury Fillings Wrap	£2.40
Luxury Fillings Bagels	£2.40
Luxury Fillings Sandwiches	£2.40



SIXTH FORM SPECIAL MEAL DEAL

Any selected sandwich or small baguette
with a choice of cold can drink &
any packet of crisps or confectionery

£3.20

Salad Meal Deal

Boxed Chicken Salad with bread roll and selected drink £3.20

Boxed Cheese Salad (v) with bread roll and selected drink £3.20

*** Meal Deals include a 250ml Tetra Pack of Water or Juice ***



Download
the Fusion
Online app

READY FOR A HOT LUNCH ?
Main Meals can be pre-ordered

Fresh Grab 'n' Go Items
available daily at lunchtime

Contactless Debit Card Payments accepted

JACKET POTATO COUNTER

Freshly cooked jackets !

Jacket Potato with 1 Filling / Meal Deal **£2.50/£3.00**

Jacket Potato with 2 Fillings / Meal Deal **£2.75/£3.20**

Choice of fillings :

Grated Cheese

Coleslaw

Tuna Mayo

Beans



healthy  options®