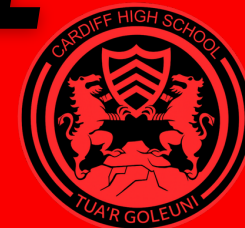


WEEK 1

CARDIFF HIGH SCHOOL

CANTEEN MENUS



MON

TUES

WEDS

THURS

FRI

MAIN MEAL

Pasta Bake -
Chicken Alredo
Pasta

Veg Pasta Bake

*served with garlic
bread and salad*

Chicken Curry

Vegetable Curry

*served with rice,
naan bread and a
samosa*

Marinated
Chicken Skewers

*Vegetable
Chicken Skewers*

*served with chips,
salad & fresh
coleslaw*

Sausage & Mash

*Vegan Sausage &
Mash*

*served with mixed
veg, Yorkshire
pudding & gravy*

Hand Battered
Fish

Vegan Sausages

*served with chips,
curry sauce*

GRAB & GO

Pizza

Paninis

Chicken Sub

Vegan Sub

Hot Dogs

Chips to Go

Chicken Wings &
Potato Crunchies

Burger Day

Chips to Go

Vegan Burger

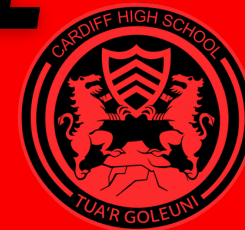
ALSO AVAILABLE:

**FILLED JACKET POTATO, SALAD MEAL DEAL, FRESHLY MADE
SANDWICHES & WRAPS AND A SELECTION OF FRUIT**

WEEK 2

CARDIFF HIGH SCHOOL

CANTEEN MENUS



	MON	TUES	WEDS	THURS	FRI
MAIN MEAL	Beef Bolognese <i>Quorn Bolognese</i> <i>served with a slice of garlic bread and a side salad</i>	Chicken Curry <i>Vegetable Curry</i> <i>served with rice, naan bread and a samosa</i>	Mexican Chicken Enchiladas <i>Served with chips & salad</i>	Roast Beef Baguette <i>served with roast potatos & gravy</i>	Hand Battered Fish <i>Vegan Sausages</i> <i>served with chips, curry sauce</i>
GRAB & GO	Pizza Paninis	Chicken Sub <i>Vegan Sub</i>	Hot Dogs Chips to Go	Chicken Wings & Potato Crunchies	Burger Day Chips to Go <i>Vegan Burger</i>

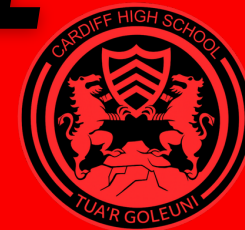
ALSO AVAILABLE:

FILLED JACKET POTATO, SALAD MEAL DEAL, FRESHLY MADE SANDWICHES & WRAPS AND A SELECTION OF FRUIT

WEEK 3

CARDIFF HIGH SCHOOL

CANTEEN MENUS



MON

TUES

WEDS

THURS

FRI

MAIN MEAL

Pasta Bake

*Served with side
salad & garlic
bread*

Chicken Curry

Vegetable Curry

*served with rice,
naan bread and
a samosa*

Marinated
Chicken

*served with
chips, salad &
fresh coleslaw*

Roast Dinner

*Served with
vegetables,
potatoes and
gravy*

Fish Fingers &
Chips

*served with
beans*

GRAB & GO

Pizza

Paninis

Chicken Sub

Vegan Sub

Hot Dogs

Chips to Go

Chicken Wings &
Potato Crunchies

Burger Day

Chips to Go

Vegan Burger

ALSO AVAILABLE:

**FILLED JACKET POTATO, SALAD MEAL DEAL, FRESHLY MADE
SANDWICHES & WRAPS AND A SELECTION OF FRUIT**